

ISSUE 1 | 2021

7 TIPS TO BUILD
A YOUTUBE CHANNEL

GAME GEEKS OF BALI

THRIVE IN

MAGAZINE

RICHARD
HARRINGTON
BECOMING FINANCIALLY
FREE AT AGE 24

SHAKEN
NOT STIRRED

Nusa Cana give us a taste of Tropical
Rum with some recipes

DISCOVER A THRIVER

Interviews with a GRAMMY-AWARD
winning songwriter, dancers for JLO, and
more.

FROM MISS PHILIPPINES
TO AN ENTREPRENEUR

Resham gives her story

SHOP NOW

SHOP NOW

X X X

X X X X

X X X X



ART SUPPLIES



PODCAST EQUIPEMENT



PHOTO STUDIO EQUIPMENT



FILM EQUIPMENT



FASHION SUPPLIES



MUSIC EQUIPEMENT



JEWELRY MAKING SUPPLIES



CRAFT SUPPLIES

KEEP
Cre8ing



SCAN ME

KEEP Cre8ing

TELESIN SMART 360° TRACKING PAN TILT



NOTE: The action camera is not included.



SCAN ME

ThriveIN Magazine

Issue 1 | 2021

Editor & Chief
Ethan Auguste

Creative Director
Jean Berrios

Editors
Nadavya Weinberg
Roman Schwob
Alissha Davis

Distribution
Skoo Media | Bali Event
Promoters | White House
Management

Publisher
PT Trijaya Dewata

Sales
Skoo Media

Advertising Enquiries
Tel +62 811 399 6510
keepthrivein@gmail.com

© Thrive Collective LTD
www.keepthrivein.com



the workspace
where you're
supposed to be



hello@tropicalnomad.org



[@tropicalnomadcanggu](https://www.instagram.com/tropicalnomadcanggu)

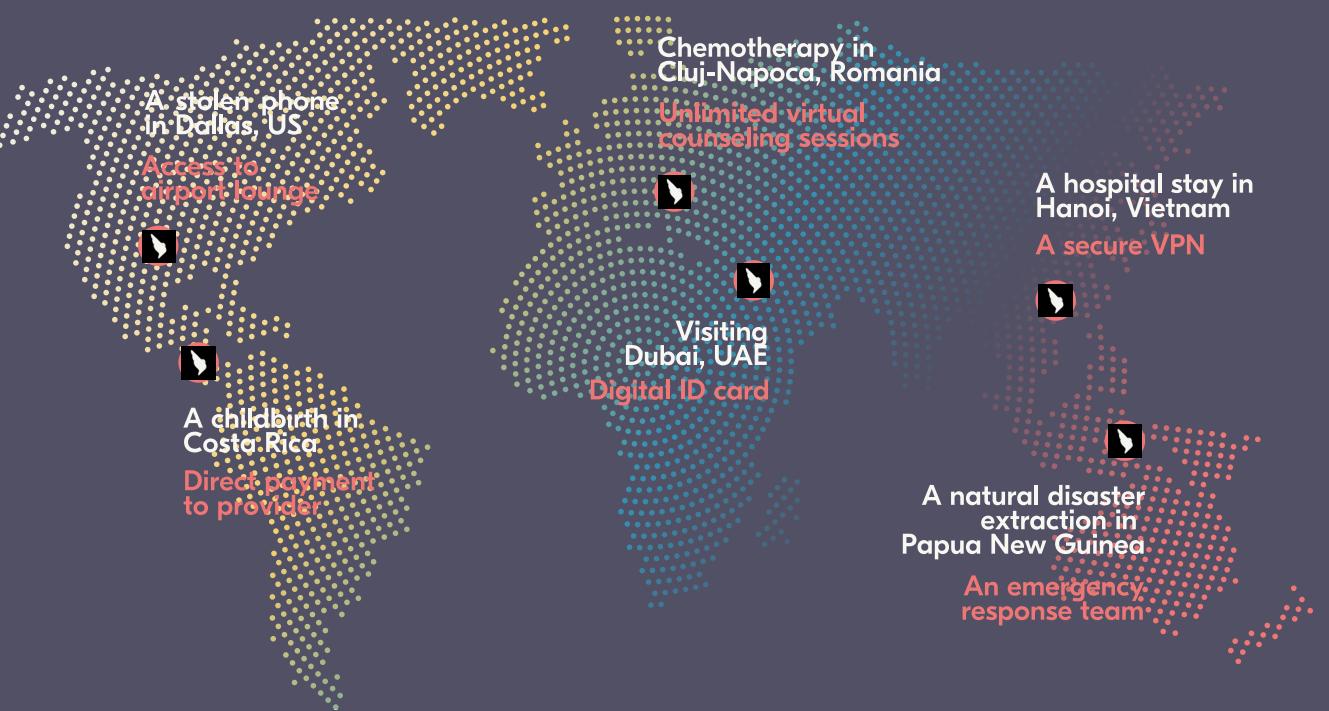


Tropical Nomad Coworking Space



+62-812-4692-6929

To you, who know no borders, we've got you covered. And then, some.



**Travel
Insurance**



**Global
Health
Insurance**



**Tech-enabled
health & security
solutions**

insured nomads

Protection beyond insurance
for those beyond borders.

insurednomads.com

HI THRIVERS,

Welcome to the first of many ThriveIN Magazines. We trust that it gives you inspiration and insight into the world of renowned and rising names in the creative world and information about what's going on around Bali and internationally.

Each issue of ThriveIN features talented creatives, entrepreneurs, and digital nomads. Our goal is to give value to all readers with trends and tips from experts in fashion, art, media, entertainment, entrepreneurship, and lifestyle.

In this issue, we present you curated professionals from around the world. We start with Richard Harrington, a motivational speaker who plans to get youth to live a financially free life on the cover. As part of our Discover a Thriver podcast, we interviewed Jethro Sheeran, also known as Alonestar and cousin to the award-winning artist Ed Sheeran. Dancers for top artists such as Christina Aguilera, Jennifer Lopez, and Madonna came together to discuss touring, challenges, and working in broadway.

GRAMMY-Award-winning songwriter EvrYwhr and record label A&R and studio owner Dean Earls share tips on music, releasing singles, and what is better: being with a label or independent. Also, in this issue, we spoke with local artists Quint, RIVABA, and people that created fun-packed board and card games during Covid.

I hope you enjoy reading, and please let us know your feedback via the QR code below. This project is something we can only do with your help and support, and I would like to thank everyone who supported and lent their time towards making this first issue a reality. Special mention goes to Javan Joslin for his trust and partnership, Trent of Skoo Media, Michael, Jean, Alissia, Nadavea, and Roman to name a few. My door, or let's say my DMs are always open, and I look forward to chatting with you soon.

Founder of Thrive Collective & Editor 'n' Chief
Ethan Auguste



On The Cover

Richard Harrington Becoming Financially Free At Age 24

15 / Entertainment

Discover A Thriver

- How to make it in Music - Dean Earls & evrYwer
- Dancing with Divas, on Broadway, & in Movies - Gilbert Saldivar, Jose, Omar & Johnny Bishops
- Opening for JLO - JP Castillo
- Toggla
- Hitting No 1 on Billboard Charts - Alonestar
- Sounds Bali - Reiyba

31 / Art

-On the Wall - Quint

-ThriveIN5 - Israel

36 / Fashion

-How to get sun-kissed “natural” highlights

-Style Guru - Crystal Ivy London

-Darcel de Vlugt

42 / Entrepreneur

SpeakuP - A Possible Future For Tourism in Bali - Nyoman Santiawan

*Starting a business during lockdown - How a Miss Philippines Became an Entrepreneur - Resham Saeed

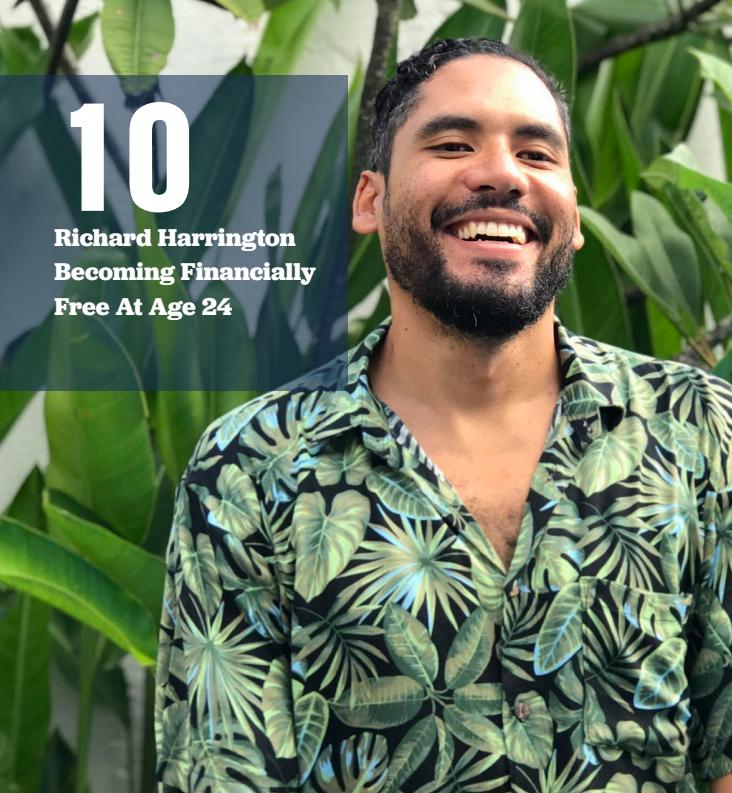
Founders Table - Juliana Jernigan, MD, MBA, MPH

Game Geeks of Bali - Interview with the people behind the games created during COVID



10

Richard Harrington
Becoming Financially
Free At Age 24



60

 / Media

How to Build a Youtube Channel
- Janet Newenham

Chat Marketing Trends
- Jerry Wilson

Through my Lens
- Tom Richardson

SnapShot - Ruben Beeris

Lights, Camera, Action - 3
Independent Films to Watch

74

 / Lifestyle

Staycation
- Makalele Dome Villa Resort

Dine with Us
- Sundeck Kitchen Rooftop
Eatery

Shaken not Stirred
- Nusa Cana Rum

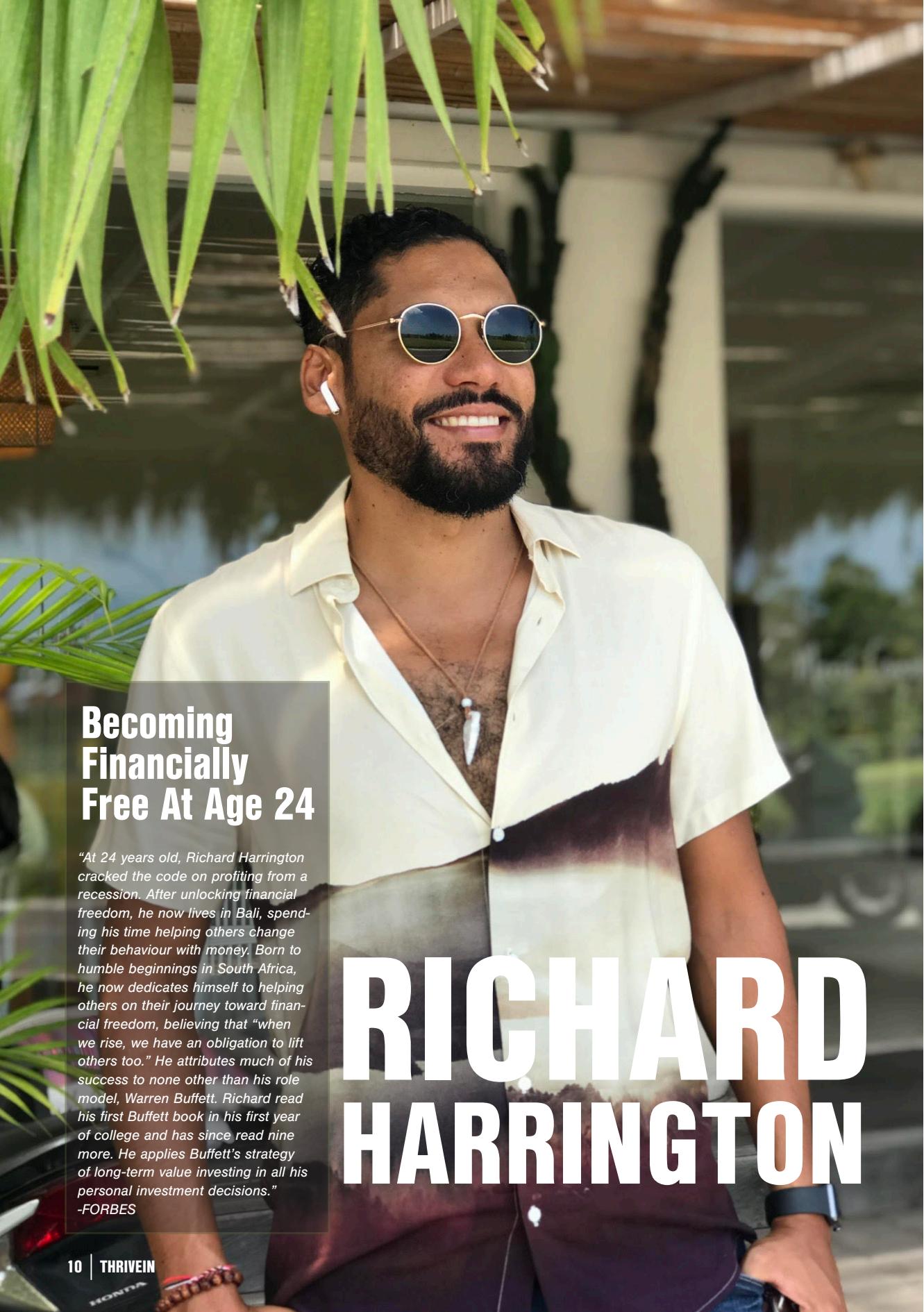
What's Cooking? - Damiano
Ruggiero from Sa'Mesa
Restaurant.

YOLO lets YOGA - Yoga to the
Max

84

 / Community

Helping Hand - Little Steps
Matter



Becoming Financially Free At Age 24

"At 24 years old, Richard Harrington cracked the code on profiting from a recession. After unlocking financial freedom, he now lives in Bali, spending his time helping others change their behaviour with money. Born to humble beginnings in South Africa, he now dedicates himself to helping others on their journey toward financial freedom, believing that "when we rise, we have an obligation to lift others too." He attributes much of his success to none other than his role model, Warren Buffett. Richard read his first Buffett book in his first year of college and has since read nine more. He applies Buffett's strategy of long-term value investing in all his personal investment decisions."

-FORBES

RICHARD HARRINGTON

Richard graduated with an Investment Degree at Stellenbosch University. After graduation, he found employment and blew his first paycheck! He was a reckless spender. Two years later, Richard found himself buried in debt. He started educating himself to be smarter with his finances and became obsessed with finding a way to hack his mind and hack his habits.

Twelve months later, Richard was debt-free! Driving home one night, he saw a beggar on the side of the road, and he thought to himself: "This beggar is debt-free, but he is not wealthy". In a moment of wisdom, Richard realized that true financial well-being is the difference between being debt-free and being wealthy. A beggar brought him perspective. Wealth is achieved through an accumulation of the right assets over time. He went on a mission to analyze which assets to invest in and soon became an aggressive investor.

Then the most fantastic thing happened! His ROI (Return On Investment) matched his salary, so he resigned! In four years, he went from drowning in debt to complete financial freedom. But Richard was not interested in the success that feeds the ego, and he wants to leave this world better than he found it by giving back.



He had moved from his career to his calling and developed a powerful one-hour course that spread like wildfire across South Africa. Subsequently, he has launched three businesses aimed at empowering people with skills to help themselves. Richard gets invited across South Africa to share his story and express his gifts. He was a guest speaker at the 2018 Intelligent Millionaires Network in Cape Town and was interviewed at the NSBC business chamber event. Richard strongly believes in the quote by Jim Rohn, "You are the average of the five people you spend the most of your time with" and often finds himself in the company of other influential people at times, even on stage. "The answer to growing South Africa's economy is not job creation. It is Skills Development" - is one of Richard's

famous statements.

Richard is now focused on his global mission which is to empower one billion people with the tools to set themselves financially free by 2030!

What got you passionate about youth and the importance of freedom?

Coming from South Africa, the most significant part of our population is the youth and the largest part of the unemployed in our country. Their ages are 18-25, so this is where the greatest need for freedom, particularly financial freedom, exists.

South Africa may be a 3rd world country, but we have 1st class people and 1st class youth generation.

The youth have unlimited potential - they just need the tools to cultivate that potential, and hence the RH Group of companies was born.

As a fellow South African, Trevor Noah was quoted once saying, "if you give a guy a fish, he'll only eat for a day, but if you teach him to fish, he can eat for life, but you need to give him the fishing rod as well."

Meaning don't just teach; give him the tools as well.



How was it growing up for you? Who inspired you to start investing and live the way you choose to do?

Born and raised in South Africa, I didn't come from money. But I tell people I'm not a "self-made" millionaire; I'm a product of my mentors, notably Nelson Mandela and Warren Buffett.

How do you deal with disappointments, and have you had to deal with any form of depression?

Yes, when I was deep in debt, I went into depression. I later found out what I was in was The Dark Night of the Soul. And the main cause of that is what I wasn't expressing, I suppressed, and what you hide, you depress. I tried to keep my deep in debt situation private and secret because I had a lot of shame. (I'm a firstborn and the first one with a degree, and I'm the one in debt and broke). So, I just suppressed all my feelings of shame and guilt, and this caused my depression.

I went on a journey of changing my mindsets and habits, did everything I could, like watching webinars, doing online courses, got coaches and mentors and after 12 months, I managed to clear all of my debt! But it all started with taking personal responsibility for my debt. I could blame everyone else for my debt- I had bad friends, I was never taught about money, the media's advertising got me into debt, but I got myself into debt at the end of the day, and I need to get myself out of debt. When I stopped playing the 'blame game' and took personal responsibility, I got out of the Dark Night of the Soul and out of debt.

What advice would you give your 20-year-old self?

1. Choose your inner circle wisely; you deserve quality friendships and not just superficial friends in your life.

2. Listen and learn from other people's mistakes. We don't always want to reinvent the wheel. We stand on the shoulders of those who come before us. Find mentors who already have the fruits, so that you can start sowing the seeds now.

3. Don't worry - life gets better, and growing is a self-love journey, don't be so hard on yourself. I will tell him about the ABC- Always Be Compassionate.



SCAN ME



Bali's New Voice

ThriveIN MAGAZINE



GET
EXPOSURE
NOW!

Grow Your
Business with Us!



>About Us

ThriveIN Magazine is aimed at showcasing and providing information for entrepreneurs, startup businesses, digital nomads and like-minded individuals in the fields of Fashion, Art, Media, and Entertainment.

Why Choose Us?

Get exposure from distribution across Bali at various leading and targeted locations such as Co-Working spaces, Cafes, Hotels, Creative Studios, our online platform, newsletter, and social media.

Contact Us

P : +62 811 399 6510
E : keepthrivein@gmail.com
W : www.keepthrivein.com

HOW YOU CAN BE SEEN



Directory
List



Community
Board



Content
Advertorial



General
Advertising

So what are you waiting for? Thrive with us!





ThriveIN

OUR PROMISE

A TREE FOR THE FUTURE

We are committed to offsetting our printing by planting 100 trees for the month of September



FOR MORE INFORMATION: WWW.KEEPTHRIVEIN.COM

#THRIVECARES



● Discover A Thriver

with Ethan & Arthur



07.50



10.00

A Podcast where we dive deep into the lives of creative professionals from around the world and give a backstage pass to the industry through their stories, tips and more.

**DISCOVER A
THRIVER**

STREAMING NOW

[DISCOVERATHRIVER.COM](http://discoverathriver.com)





Dive deep into the lives of Thrivers from around the world and get a backstage pass to the creative industry from top professionals. In this issue, we share our pilot episodes with you, which included A&R and studio owner Dean Earls and GRAMMY-winning singer/songwriter evrYwhr, dancers Gilbert, Johnny, and Jose who danced for JLO, Janet Jackson, In The Heights, Hamilton, also Latin singer Jose who opened for JLO's Party Tour.

The first season, sponsored by Tropical Nomad and co-hosted with Arthur saw interviews with an Australian YouTube artist who released his first EP with a UK Label, Ed Sheeran's cousin Jethro Sheeran also known as Alonestar who has over 30m streams on Spotify and chart-topping hits.

In the coming issues, we will share the other 9 episodes which include, Sean Paul's manager Steven Urchin, award-winning song-writers RCity, GRAMMY Nominated

singer and song-writer Shontelle, to name a few. Stay tuned to see when it drops.

And now, let's get into the first pilot episode of Discover a Thriver, Ethan interviewed A&R and studio owner Dean Earls and GRAMMY-winning singer/songwriter evrYwhr to talk music, releasing your first track to networking. We share a brief about their background here, but listen or watch the full interview via our podcast, where we learn how they got to where they are and advice for upcoming talents. Just scan the QR code.



Discover A Thriver
with Ethan and Arthur

HOW TO MAKE IT IN MUSIC

DEAN EARLS & EVRYWER

GRAMMY-Winning songwriter/singer EvrYwhr spreads “Positive Vibes.”

Michael Jefferson, also known as EvrYwhr, was born and raised in Port Huron, Michigan to a loving working-class family. His love for all things music began at the age of 3; his dad was a significant influence; he would listen to old Stax and Motown records and the sounds of artists like Michael Jackson, Curtis Mayfield, and The Temptations. EvrYwhr started singing at age nine and got into writing his first song at the age of fourteen.

After attending Western Michigan University, earning his degree in Sales & Business Marketing, he knew his absolute dream was to make it as a songwriter and recording artist. In 2010, he made the move to where people become stars, Los Angeles.

He wasted no time; he hit the

ground running and started networking and meeting people who could work with him and help him pursue his goals. He began collaborating with several emerging Pop artists like Leona Lewis, Mila J, and Aaron Carter. He would eventually go on to co-write two songs entitled “Confessions” and “Violence” for the 2013 Grammy-winning album Gravity, performed by Gospel rapper Lecrae. In addition to his rising music career, EvrYwhr recently shot a pilot in Cambodia for a T.V. show tentatively titled Destination EvrYwhr. The forthcoming series will have EvrYwhr taking trips to various countries around the globe to explore and discuss culture, bridge gaps, and make music with the locals.

“evrYwhr started the year 2021 with his new single ‘Positive Vibes.’ an emotion-tinged modern R&B ballad with a heart-warming message at its heart, ‘Positive Vibes’ is



an ode to keeping your head up while the world crumbles around us. The track pairs slick, spoken-word vocals with warm, Neptunes-reminiscing production, while the heart-warming official video sees EvrYwhr enjoying himself on the ice rink accompanied by his baby boy.

It follows last year's 'Letter To The White House,' a poignant single that has so far amassed more than 1 million streams



while being championed by U.S. networks BET and MTV. Both tracks will feature on his forthcoming debut album, out later this year." - an excerpt taken from AbouttoBlow.com



SCAN ME

Dean Earls has an ear for music and an eye for talent.

A native of Ireland, Dean Earls, found success at Pulse Recording College in Dublin and graduated with honors at just seventeen. While in school at sixteen, Dean founded Realizm Entertainment, an independent record label, production company, and studio. He promoted and procured radio play and television airtime for many young local groups. Dean was the drummer in the Spills band following his musical interests, which came to prominence during the 2004 Bray Summerfest. In Ireland, Dean worked tirelessly to participate in studio sessions with major artists such as Aslan and Brian.

McFadden, gaining valuable experience in sound engineering and studio management.

In 2006, Dean moved to Los Angeles and took an internship with The Program, under multi-platinum-selling record and movie producer L.T. Hutton and the legendary Snoop Dogg. He was hired as the Studio Manager and Head Engineer following his internship at the company's Hollywood Sound Studio and worked with Ashanti, Warren G, and Omariion. During this time, Dean was also working for Doggy Style Records performing artists and repertoire (A&R) work finding new artists for the label.

Dean attended SAE Institute and received his Audio Engineering Diploma in 2007. He began developing his artists, preparing himself to one day open his studio. In 2012, Dean became the Assistant Engineer to Jean-Marie Horvat, a renowned mixing engineer in the music industry. He worked with artists such as Justin Bieber, Trey Songz, Jessie J, among others. Dean was also part of the Muse Studio team. He worked with major record



labels to secure the necessary studio time for their artists while ensuring that appropriate contracts were in place and budgets were met.

Turning his career to artist development, Dean worked for labels such as Atlantic Records, Warner Bros Music, Universal, and Sony Music as an A&R Consultant matching songwriters and producers with top artists.

In 2019 Dean partnered with Tucker Bodine, founder of the original Playback recording studio in Santa Barbara and veteran mix engineer and producer Daniel "Overtone" Marquez of the Undefeated Music Group, to establish Playback LA. Playback is a TEC award-winning, 2 x Emmy award-winning, and GRAMMY-nominated recording studio whose clients range from

P!nk, Katy Perry, and Travis Scott to Oprah, Jeff Bridges, and many more.

Dean is the founder and CEO of The Gold Minds Group of companies, which houses his artist management company GoldMinds Management. He works with the next wave of rising artists, including Austin Sexton. His vast experience in the music industry has given Dean the unique ability to blend the new art style with the songs and music that create their innovative flair. Dean focuses primarily on urban pop, R & B, singer-songwriter, and Rock music and is always on the hunt for tomorrow's next superstar.

When he is not working, Dean enjoys playing poker and is considered a professional before being legally allowed. In 2011, Dean founded the "Jingle Bell Rock" charity, an annual Christmas concert featuring local Irish talent. The Jingle Bell Rock concert proceeds are donated to a music program for kids living in Ireland and local homeless communities.

Discover
Find creatives
by location & field

ThriveIN

Explore

Collaborations and Jobs

Scan the QR Code

<https://thrivein.app>

*Make life
Electric*



niu

@niuelectricbali

DANCING WITH DIVAS, ON BROADWAY, & IN MOVIES

Pilot episode 2 of our podcast Discover a Thriver, I had a fascinating conversation with dancers and performers who worked with top artists such as JLO, Britney Spears, Christina Aguilera, and even Janet Jackson. They have also performed in Hamilton, In the Heights, Step Up the Movie, and more. We spoke about touring, Broadway and the importance of dancers in a show. Scan the QR code to get the full interview.

Discover Gilbert Saldivar

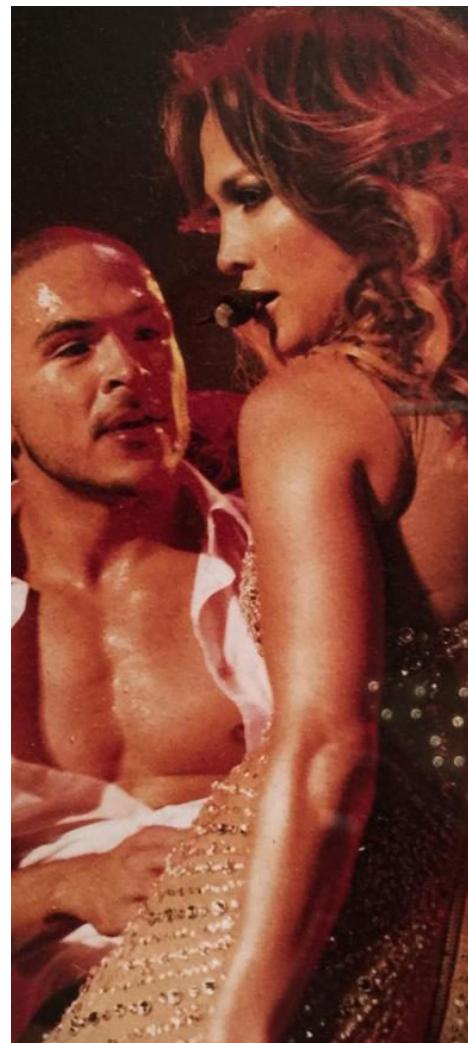
Gilbert Saldivar is a professional Mexican American dancer, choreographer and actor who rose to fame after appearing on the 2015 series East Los High, Dexter, The Closer, A Step Away and HBO Jennifer Lopez. He is known for dancing with artists such as Janet Jackson, Christina Aguilera, Kelly Clarkson, Jennifer Lopez, and Ricky Martin. He has been featured in music videos for various artists, including the videos for Aguilera's songs "Candyman," "Dirrty," "Can't Hold Us Down," and "Ain't No Other Man." Another notable music video appearance was with Janet Jackson in the "All Nite (Don't Stop)" video. He was credited as a dancer in

the 2003 romantic comedy From Justin to Kelly, and was cast in the 2016 film Chocolate City: Vegas, Stomp the Yard and Shine. He also played in theatre: Zoot Suit and They Shoot Mexicans Don't They

Get to know Johnny Bishop

Johnny is a professional actor, dancer and choreographer. Born in Trinidad and Tobago at 11 years he moved to London to study performing arts at the Sylvia Young Theatre School. While in London he landed various roles in theatre, television, commercials, film and radio.

Johnny had the opportunity to perform at The Lion King London - West End (Young Simba),



Gilbert Saldivar & Jlo

House of Mr. Biswas (BBC), Mary Poppins Returns Film (Dancing Leerie) , Galavant (TV Series), In The Heights - London West End (Graffiti Pete) and Hamilton London West End Original Cast .

Hi danced for One Direction, Justin Bieber, Nick Jonas and Will.i.am. Working closely with some of the leading choreographers in America and UK he has danced and assisted on shows such as The X -Factor (UK) , Britains Got Talent and The Voice (UK) and was one of the two choreographers for the Live GDS TV show 'Your Face Sounds Familiar' in Georgia (Europe). Johnny is also a recording artist and has released three music videos- Individuality, Aroma and C U BYE.

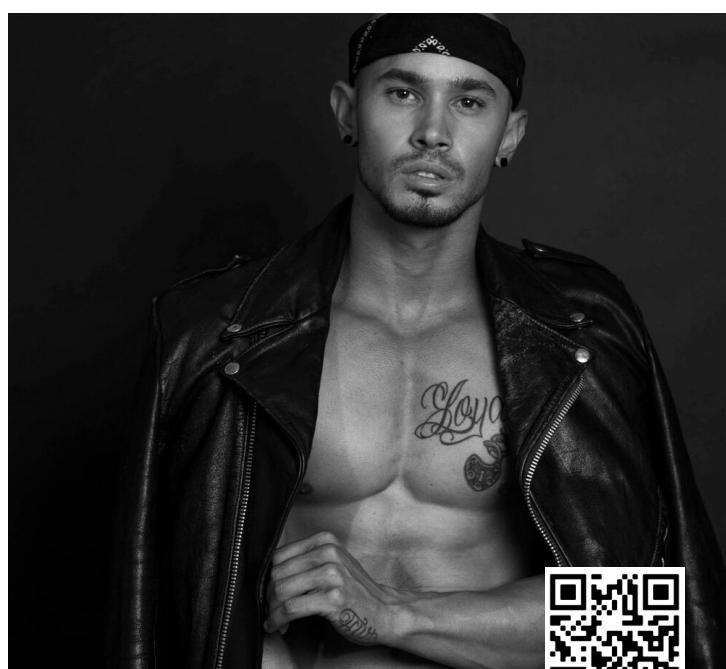


Johnny Bishop

These are the first three videos to a series of other songs and videos he is working on.

Discover Jose Omar

Jose Omar Hernandez is a professional dancer, born and raised in Puerto Rico. He is known for dancing with artists such as Jennifer Lopez, Britney Spears, Janet Jackson, Christina Aguilera, Kylie Minogue, Ally Brooke (Fifth Harmony) & Luis Fonsi. He has been featured in music videos for various artists, including the videos for Britney Spears songs "Womanizer," "Circus" and "If you Seek Amy.". He is also known for his cinematography in the Justin Bieber Purpose "The Movement", a dance music video film that was nominated for a VMA. He has filmed & edited videos for Janet Jackson's Tour, and dance videos for artists like Iggy Azalea, Betty Who & J Sutta (from Pussycat dolls).



Jose Omar



SCAN ME

OPENING FOR JLO

In our last episode for the Discover a Thriver Pilot Season, I spoke with Juan Pablo Castillo, known by his stage name JP Castillo, a Latin Urban/Pop artist, actor, and songwriter born in San Jose, Costa Rica. He has performed and toured alongside industry heavyweights, including The Jacksons and JLo. After a few years of touring, JP decided it was time to explore his artistry. Continue reading and check the full interview via the QR code.

Just a few months shy of his ninth birthday, JP moved with his family to Los Angeles, California. JP's earliest musical influences came from his own family. His father is a nationally recognized drummer. His mother is a singer who

toured and recorded with Joan Sebastian, Tito Puente, and Celia Cruz. JP studied drums and percussion until his first year of college, where he discovered a passion for singing, writing, composing, and most of all, entertaining. Shortly after, he went into the professional music scene, and the industry took notice. Since then, he has had the opportunity to work alongside music icons including Janet Jackson, The Jacksons and productions such as Dancing with the Stars on ABC.

In 2018 JP released his singles "Reemplazo" and "Jugar al Amor," which reached over 3 million views on YouTube. In 2019, he spent the summer opening for Jennifer Lopez's "It's my party" tour. His vocal

ability, charismatic stage presence, and live entertainment element are where he excels. Audiences are captivated by his performances regardless of language or cultural differences around the world. "It's an amazing feeling to put yourself out there and give people the best of yourself, especially when you feel that love coming back to you." JP has an unbelievable amount of drive, and is looking forward to sharing more of himself through his music.



Showcase
Your projects, get reviews and get rated

ThriveIN

Scan the QR Code

<https://thrivein.app>



TOOGLA

With the support of Tropical Nomad and my co-host Arthur, we continued to speak with amazing creatives in an 11 episode season to drop over the coming months.

Kicking off the first season of Discover a Thriver is Toogla. Hailing from Melbourne, Australia, Toogla is the solo project of David Scammell. He combines synthpop elements with dark and mysterious soundscapes to take his listeners on a journey with every song. At the age of 12, David began singing to his family and joining his school's choir. He was inspired to write his music and develop his songwriting while listening to the album "Rubber Soul" by the Beatles! By 2017, Toogla had two music videos on rotation on MTV, and during his career, he toured Australia, Malaysia, and Indonesia and represented Australia at Music Matters in Singapore. After 18 months of building a digital audience of over 60,000 fans and amassing almost 3 million views online, Toogla released his 'Stupid Boy' EP on November 20th via Ostereo. His drive is to send a message of love through music and for

his fans, represented mainly by the "LGBTQ" community, to be proud of who they are, break free from society's normality, and become whoever they want to be in life.

Combining his eclectic music taste, everything from John Lennon to Melanie Martinez, fans have fallen in love with Toogla's unique, genre-defying sound. Watch or listen to the full interview via the QR code.





HITTING NO 1 ON BILLBOARD



SCAN ME

Jethro Sheeran, known professionally as **Alonestar**, is a musician and music producer from Bristol, UK, with over 30 million streams on Spotify and songs and albums hitting No. 1 on various charts. In our interview, we spoke about living and working in the Caribbean, his cousin Ed Sheeran, tips on getting great results on Spotify, and deciding between being an independent artist or signing with a label. Scan the QR code to watch/listen to the podcast and continue reading to know more about him.

Alongstar has collaborated with several artists, including Ed Sheeran (his cousin), Lil Wayne, Macy Gray, Royce Da 5'9", Akon, DaBaby, Freeway, Popcaan, Snoop Dogg, Michael Jackson, The Game,

Massive Attack, Capleton, Shatta Wale, and Amy Winehouse.

In 2011 he signed a publishing deal with EMI and released *Warrior*, a six-track EP featuring Jaja Soze, Rosie Ribbons, and 'All Falls Down' featuring Ed Sheeran. In the same year, he was featured on six singles and on the album *Dubstep* and *Funky*. He has featured on Ed Sheeran singles including 'Move On', 'Pause', and 'You Need Me', 'I Don't Need You'. Ed Sheeran has featured on Alonestar's singles, including 'Real Life', 'All Falls Down', and 'Raise Em Up'. The track 'Raise Em Up' was featured on the Vertigo Films movie 'All-Stars' in 2013. It was revealed in 2017 that Ed Sheeran secretly appeared in the video for Jethro's single 'Skyla Rain' in 2010.

As a music producer, Jethro executive produced all the tracks on the *Bars and Melody* album. In December 2017, he featured on the *Tropical House Cruises to Jamaica* compilation album alongside Ed Sheeran, Sean Paul, Sean Kingston, Lee Scratch Perry, Tim Starr, Contractor, Damian Marley, and Stephen Marley. The album reached No. 1 on the Billboard Charts in February 2018. In 2017 Sheeran produced a track that Tupac originally made for his brother Mopreme Shakur. Jethro has written and produced three songs with Sarah Harding from Girls Aloud and recorded a Chill Step cover of Cyndi Lauper's 'Time after Time' with plans to release in 2018.



CORNERSTONE



a lone star

SOUNDS BALI

WITH SOPHIE HERSHMAN



RIVABA

Entering the music scene in 2015, RIVABA has become exceptionally well known for his incredible presence on stage. A blues-rock guitarist from Bandung, Indonesia, recently released his first single, 'The Fear', which has been a great hit around Indonesia. RIVABA is genuinely admired for his incredible voice and guitar skills

and is compared to a young Hendrix. He has successfully brought the root of Blues into today's music and is definitely an artist to watch out for.

Having spent time with RIVABA and the pleasure of having him perform at our various events, it's been amazing to watch him grow in the music industry. I recently spoke with him and asked him why he started in the first place. RIVABA explained that music has always been his passion, especially Blues, but he also loves art in all forms. "I love it, and this is my passion.. I feel so grateful for this musical gift, so I don't wanna waste it. Also, playing this kind of music is what I know and where I belong." When I asked him who inspired him to become a musician, he told me his dad was the main man. Of course, he also looks up to Blues guitar legends like Jimi Hendrix, Albert King, Stevie Ray Vaughan, Buddy Guy, to name a few. From the past, and some modern blues musicians like Derek Trucks, Marcus King, Gary Clark jr, Doyle Bramhall II, Jonny Lang, Kenny Wayne Shepperd, Ida Mae, Eric Gales, etc.

Sometimes we forget when we watch musicians on stage what challenges they might run into during their careers, so I dug a little deeper to discover some of the challenges he has faced as a musician. RIVABA explained that It had been very challenging, with so many ups and downs, especially in the last decade. And also, since he's not performing mainstream music, it can be tricky in Indonesia for people to understand and know the Blues genre he plays. He also explained that getting gigs could be challenging as Blues isn't the most popular genre in this country, so there aren't as many opportunities to perform at mainstream events or festivals. Despite this, RIVABA continued and said, "That's the beauty of the struggles in this industry. It pushes me even more so people get to know a different genre but more than anything, my music."

If you haven't yet seen RIVABA, follow his page on Instagram, you'll see where his latest gigs are, and trust me - he's definitely one to take the stage!

**Thanks for reading, Sophie
@soundsbali xx**



ON THE WALL WITH QUINT

We sat down with Bali based artist Quint, short from Quintessential to get an idea of the street art in Bali. He was born on the beautiful Indonesian island of Sumatra and specializes in urban stencil art.

“The purpose of my art is to spread love. We (artists) are keen to spread love through art, and society has to be able to share the passion and expression in the form of my art and shape their excitement eventually. It's an experience they have to be mesmerized by. I love capturing beautiful women who have a unique form of expression. By sharing society, everybody can handle the elements and enjoy and have fun and feel good cause it's simple as art. Keeps our mind tranquil”

**KEEP
Cre8ing**

Shop now
for Art Supplies



When did you start doing street art?

I started doing street art in the late '90s. I did my first graffiti art on the wall of my classroom, and I immediately got kicked out of school. Since then, I've had so much time to do street art.

What was the reaction of your family when you got kicked out of school?

My family's reaction went well, but they didn't find out until about three years later. I think since I was doing well with my band - they didn't feel the need to say much to me about it.

Why did you choose this style of graffiti, and do you also express yourself with other mediums?

My style started with writing graffiti, like words or my name, but I always want to explore different things. When I began to do stencil art, I needed something simple and to not use too much paint. And yes, I love using different kinds of mediums such as wood, bamboo, steel, cardboard, etc. - especially using things that I



can find on the street.

Where do you get your inspiration?

My inspiration is derived from the streets where I would pass by and feel the energy of beautiful ladies from around the world. I was engaged by ladies that have a wide spectrum of sensuality in their everyday life and with street art, there is an impact of an endless

emotion. As natural and as organic it can be, spontaneity will empower art creation with more energy and realism than, for instance, creating inorganically or precondition for commercial purpose use. Art is environmentally natural, stencil art is a medium for gnarly expression, and bare nakedness needs to be done.

How do you go about finding the walls to work on, and do you always get permission?

I find my walls spontaneously. Sometimes I go out to the street with all my materials, or sometimes I find it when I am out and come back at night to paint it. Either way, I like to paint on unpredictable spots and make them beautiful. I rarely ask permission, but if the owner is there when I am painting - I would say I'm sorry, but they are all okay with it.

What challenges have you had or do you still face doing street art?

Finding a great spot is always challenging, and in Bali - dogs are the most difficult. They're a little bit noisy and draw attention.

What would be your most significant achievement?

The most significant achievement would be when people love and appreciate my art and painting worldwide.

What advice would you give to other artists looking to make their name on walls?

My advice is just to be themselves, do what they love and keep doing it - and don't forget to do what makes them happy to spread the love.

<https://www.facebook.com/quintthings>

Instagram @Quint.art





ISRAEL SILVA

JUMBIE

Four years ago, I interviewed Israel Silva, an artist, writer and animator from Trinidad and Tobago. Let's see what he said then and where he is now four years later.

Israel has been doing art since he was 4 years old and since then has created an amazing portfolio of work and shows

his fans how it's done via his YouTube channel. He is also a part of Liquid Matter Studios the team behind the creation of an animated movie titled "Jumbie Hill" coming out of Trinidad and Tobago in the near future.

What motivated you to pursue your passion?

I think its more of a talent than

anything else? I mean I always wanted to draw I started ever since I could pick up a pencil lol but I guess to really pursue it was the cartoons and anime I used to watch when I was a kid. watching these characters come to life really inspired me to create my own and I fell in love with these characters!

Who inspires you the most?

My inspiration comes from various places. I can't say any one place it comes from the most. If I HADDD to choose which is hard, it would probably be Marvel, but I'm super inspired by anime and dance a lot! yes..dance really inspires me (Les twins in particular)

How do you handle the various challenges surrounding what you do?

I think God is my answer to that. I think he is the ONE main constant in my life. My family as well, but God works



Connect
Chat with other creatives
and influencers

ThriveIN

Scan the QR Code

<https://thrivein.app>

through my family so...God still lol. He helps me through every obstacle I ever faced and I am nothing without Him.

Where do you see yourself in 5 years?

Hopefully with a fully completed animated film and/or working for an awesome company (plz Marvel or Blizzard notice me!) lol

We are approaching the 5-year mark since I last asked you these questions, **what are you doing now?**

Well, at the moment, I'm working on an international manga.

What is manga?

Manga is a Japanese comic, basically or Japanese styled comics. They are normally a lot more pages than the average western comic, so it's more a graphic novel type deal.

To continue following Israel's journey and his latest projects; find him on social media **@IsraelSilvaArt** and check out his website: www.deviantart.com.

HOW TO GET SUN-KISSED “NATURAL” HIGHLIGHTS

BY HAPPNOW

Ok, so I'm not a surfer - but what girl or boy, for that matter, has not dreamed of having those beautiful highlights perfectly speckled through their hair. I just want my Baywatch moment! Sunset rays flickering on me as I carry my surfboard into the water... A girl can dream. Well, it turns out it's not so easy. It takes a hair nin-ja-like Rianni Hustler from Jet Black Ginger and about 2.5 hours.

4 important things to know about hair color

1. Did you know you're not supposed to go in pool water before you dye your hair?

2. You must let your hair specialist know if you have used boxed hair dye - it requires a different process, so speak up. Confess that you were cheating on your hairdresser with boxed dye.

3. After-care for highlights? Well, the sad truth is you should not go in pool water ever again. Since we live in Bali, we know we can't avoid a swim in the fantastic beach club pools. Here is some advice: since you will inevitably get in the pool, make sure you rinse and apply conditioner once you're out; your hair will thank me.

4. Apply toner to keep your new healthy-looking hair as fresh as possible, do so every 3 weeks.

Black Ginger's name was chosen because Rianni thought: "If I am ever have a girl, I will name her Ginger," and since this salon is like my baby, I will call her Ginger." I felt honored to get to know Rianni and the team and the salon vibe, and I feel great. Now I'm off to walk into the sunset with caramel flakes in my hair.



DRYERS

DRYER

DEXTER
STACK DRYER

DEXTER
STACK DRYER



DEXTER
STACK DRYER

20

9

18

28

27

26

STYLE GURU



CRYSTAL IVY LONDON

Crystal Ivy London, who is British-born, was always fascinated with fashion. Growing up watching her grandmother sew and her father paint, she started sketching stick figures and tiny outfits at the age of 4 and 5 years old.

Today she is in high demand and is already an established and internationally published Fashion/Wardrobe Stylist and Fashion Coordinator. Crystal has worked with some of the most prominent designers and Magazines in the US, UK, and the Caribbean. She has styled and worked for Galia Lahav, Tracy Reece, Zimmermann, Claudia Pegasus, SHE Caribbean Magazine, Filtered Fashion Magazine, World Bride Magazine, Upscale Magazine, and Hello Modlin Magazine name a few.

She is a participant for several "Fashion Weeks" around the world and the Caribbean, such as New York Fashion Week (NYFW), Bridal Fashion Week

(NYC), Men's Fashion Week (NYC), Caribbean Fashion Week (Jamaica), Islands of the World Fashion Week (Bahamas) and so on. She has also been interviewed in Woman's Weekly and BET's Caribbean show "SPLASH."

Her inspirations come from classic films, reading magazines, and books. She loves to travel to experience different cultures, and of course, drawing is one of her biggest passions.

"Looking good is something I believe that everyone is entitled to. I cater to make everyone, man or woman, look and feel fabulous on any given budget. Time is a key factor in today's society, and it's something that most people lack. We, humans, work harder and longer than ever, and sometimes we forget about 'me.' By having me as your stylist, you have your own personal stylist who can come shopping with you and be honest."

Is your wardrobe more exhausted than Carey Mulligan at the end of Gatsby press tour, and your closet is in serious need of a makeover/update? We will do a step-by-step service from cleaning out to organizing to finding new pieces or helping you revamp what you already have.

Crystal does it quickly when it comes to transformations, unlike other self-help industries (exercise, diet, etc.) that take time for the transformation. Through her 1-on-1 styling package, Crystal will successfully transform you so you can start feeling good about yourself NOW! Get ready to become the most powerful (and stylish) version of yourself.



 SCAN ME



Darcel de Vlugt is a Caribbean-based designer born in Trinidad & Tobago, but raised in the Middle East and Cyprus from a very young age. After graduating from high school, she spent six years in London with five A Levels and a teaching qualification in Modern Dance. She acquired her Bachelor's degree in Fashion Technology for Womenswear at the London College of Fashion.

In 2007, she used her internship semester as an opportunity to get back in touch with her Caribbean roots by working in the studio of top designer Meiling Esau for six months. In 2008, following graduation from the University of the Arts, London, she made her runway debut at the Islands of the World Fashion Week in Nassau, the Bahamas.

She placed as a top-three finalist in every category (Next Generation Designer, Eco-Sustainable, Cultural). She returned to the Bahamas the following year to win the Next Generation Designer Award 2009 with her Mad Hatter's Tea Party collection. Following her return to Trinidad & Tobago in 2010, Darcel de Vlugt became the Editor of Caribbean fashion resource CFstyle.com and concurrently the sub-Editor for UK-based women's magazine Complexd-Woman.

DARCEL DE VLUGT

During that time, she exercised her writing skills and creatively directed several photoshoots and productions collaborating with other Caribbean designers.

She became a mother in 2011 and returned to the world of design in the Bahamas as a veteran designer in May 2012; Showcasing a small collection on the runway. Having teased the public with hints of bridal and red carpet allure throughout her work, in February 2013, she was one of three designers chosen to showcase their work in London at the International Fashion Showcase During London Fashion Week. Once back in Trinidad, she decided to pursue a fashion career in bridal and special occasion wear. She has now been doing bridal wear and accessories for over seven years.

She has quickly become one of the “go-to” designers for all things bridal, including styling and handmade accessories.

In addition to her design work, Darcel de Vlugt has appeared on numerous TV shows

throughout the UK and US and in Japan and the Caribbean, speaking about her life experiences living with the skin condition Vitiligo.

She hosted the first-ever Walk For Skin in Trinidad around the Queen's Park Savannah When she returned in 2010. She has done public speaking and mentoring for children, teens, and young adults to raise awareness for skin disease, including a TEDxYouth talk in January 2012.

In 2015, she returned to the Bahamas for Island MMTS (Music, Model & Talent Showcase) as the regional director for Trinidad & Tobago. She was awarded Regional Director of the Year for her management and promotion of two up-and-coming models from Trinidad, receiving awards for their performance. In 2019, she traveled to Washington, DC, to showcase her work for the first time at the Caribbean Style & Culture Awards, where she received the Award of Excellence.

In the motherhood phase, Darcel's skin has mysteriously

started depigmenting.

She has been openly speaking about the journey and process through her social media platforms and various interviews. Alongside designing full-time, Darcel continues to write and edit as a freelancer and ghost-writer. She spent some time teaching children as young as 2-3 the basics of rhythm and dance.

But the COVID-19 pandemic brought out a new skill set in this creative entrepreneur as she harnessed her baking skills and started her second business - 'D' Bridal Baker - as a way to manage through the difficult economic period. Darcel de Vlugt is currently engaged to be married to acclaimed artist, Antonio Figuero.

KEEP Cre8ing

Shop now for Fashion & Jewelry Making Kits

SCAN ME

ROBERT *SPEAKUP* IAN BONNICK

SpeakuP Monday is a weekly “Award Winning For Motivation” open format weekly deep dive Q & A. It was founded at Lyfe in Bali, Tamora Gallery in Bali, Indonesia, by Robert Ian Bonnick (Advisor: Business, Strategic Relationships, Speaker & Bestselling Author).

Nearly approaching episode #150, it is currently shot in Bali at Tropical Nomad Coworking Space. There are 3 streams per week, Mondays with an in-studio audience, Tuesdays on Clubhouse, and regular live streams during the week.

People INSPIRE People and Bhinneka Tunggal Ika - Unity IN Diversity are the two intentions that underpin the show, which is over 2.5 years old and focused on some of the most renowned or up-and-coming entrepreneurs, leaders, and coaches from Bali and the rest of the world. A few weeks ago, we featured;

A powerful and insightful peek into the future of Bali from one of its greatest advocates and changemakers. At a crucial time in its history!

“A Possible Future For Tourism in Bali”

Nyoman Santiawan, 2nd generation Chinese-Balinese, needs no introduction, is a serial at-scale entrepreneur, impact investor strongly involved with shaping the future of Bali through his significant businesses and work with the Bali Tourism Board.

A few of his noteworthy business interests in Bali and beyond within and outside of his family interests include Ramayana Hotels Bali, Pepito Market (chain), Raw Kitchen Bali @balirawkitchen, and Eccos Plaza.

To watch the full interview, please scan the code.

His humility comes from his parents as he fondly states: “Our group was inspired by our parents who started from Ramayana hotel in Kuta from nothing. They had to work extremely hard to build the hotel; my mother was the one who was always trying to help others and motivated us to do more CSR work.”

A private, strong, and committed husband and family man, a robust advocate of health,



SCAN ME



a supporter for the organic movement, and living a full life, seen frequently exercising and riding around Bali with a penchant for karaoke.

But it is his support for Bali and those locals heavily impacted negatively on the ground that we would like to draw special attention to.

Eterna clinic @eternaclinicbali has been supporting medical tourism with their work

with Syailendra Wredha Bali project @syailendrawredhabali. A charity that supports the underprivileged and elderly. The raw foundation will support a free online school for underprivileged children and support local farmers and fishermen, helping them distribute their products in places such as the raw kitchen, Raw Bazaar, and Pepito Markers.

To join the SpeakuP Monday community, please follow **@speakupmonday** on Instagram.

REAL Connection Summits

Masterclass Webinar Series



TONY ROBBINS



LES BROWN



JAMES MACNEIL



JOHN DEMARTINI



RICHARD HARRINGTON

Join 5 of the world's leading success and wealth experts in a series of EXCLUSIVE MASTERCLASS WEBINARS.

REGISTER NOW
WWW.RHMASTERCLASS.COM

HOW A MISS PHILIPPINES BECAME AN ENTREPRENEUR DURING LOCKDOWN

“Luck is what happens when preparation meets opportunity” - this idea has stuck with me since I first came across it, but it wasn’t something I experienced until this past year. In my case, the preparation was often unintentional, and the opportunity was disguised as a global pandemic.

Last March, I landed in Bali on Friday the 13th. My boyfriend and I arrived for a family vacation that would be a break from my hectic two years run as Miss Philippines 2019. The plan was to relax, clear my head, and plan the next stage of my life. Within 24 hours, the rest of the family cancelled their flights,

lockdowns were announced, and we found ourselves stranded in a place we’ve never been.

Against the advice of our friends and family, we decided to rent a long-term villa and ride out the pandemic in Bali. The island went into lockdown and,

after weeks of binge-watching Tiger King and curating endless Pinterest boards, I started to grow restless and frustrated. Days continued to pass without a sense of purpose or progress. I knew that tackling the overwhelming quest of finding my purpose wasn’t something that would happen overnight, but my progress towards it was something I could control.

As someone who thrives on structure and routine, I began with the basics. I started meditating, journaling, reading and doing daily YouTube workouts. During this transitional period, the idea for what would become Bali Social Haus started to form.



As I was unpacking the last of my luggage, I came across products that brands had given me to create content in Bali. Not having access to the locations and talent I was expecting, I had to get creative with my iPhone and the small villa garden. The shoot was a much needed creative outlet, and the content came out better than expected. The brand loved what I submitted and asked if I could continue to do this for them.

This was my lightbulb moment. I envisioned a full-service agency to which brands could outsource all of their content production needs.

My initial idea was much bigger and more ambitious than I was ready to take on. Even the scaled-down version wasn't something I could attempt during the lockdown. So I started by doing what I could. I spent my days researching, finding inspiration, taking online courses, and connecting with brands, models, and creators. This process was punctuated by countless moments of doubt, fear, and impostor syndrome. I had no experience in the industry, I didn't go to school for this, and I didn't have the resources or connections to build what I imagined.

I kept reminding myself that the goal is to give 100% to what I can do now and see where it takes me. By the time lock-

down restrictions were lifted, I had a foundation in place, and I was ready to start making moves.

I had no money to hire models or creators. I had no products to shoot or locations at which to shoot, but I had a network I built during the lockdown and a clear vision of what I wanted to create. I used the connections I made and the skills I learned to put together a collaborative shoot. It was a full-day event with clothes provided by local brands, a gorgeous villa we could use for the day, and models and photographers who were willing to work for free to

create unique content and flex the creative muscles that went unused during quarantine.

The shoot day was the epitome of a trial-by-fire. Before a single photo was taken, I was already overwhelmed by multitasking at a level I didn't know existed. Six models, five photographers, and dozens of products had to be coordinated in concurrent shoots in different areas of the villa.

As the shoot unfolded, I felt increasingly anxious that I didn't have the time or bandwidth to create what I had envisioned and get the most out of the exceptional talent





around me. At every step, I second-guessed my leadership and tried to find the balance between micromanaging and trusting everyone to do what they do best.

An advertisement for "Keep Cre8ing". On the left, there is a yellow graphic with the text "KEEP Cre8ing". Below it, the text "Shop now for your Content Creation" is displayed. In the center, a woman is shown from the side, applying makeup from a palette. On the right, there is a QR code with the "Keep Cre8ing" logo, and a button below it that says "SCAN ME".

Doubtful thoughts crept in, ones that most creatives often struggle with. “Will they like what I have created?” “Is this good enough to be paid for?” “Is this the best it can be?” but I kept reminding myself that I had to focus on doing the best I could do with what I had.

Despite all the challenges, my time on set never felt like work. I was very much in my element and realized that creative direction is something I genuinely enjoy.

The content that came out of this shoot got me hired by two of the brands, leading to more exposure, new clients, and paid projects. Over the past year, BSH has grown into a content production agency with two main focuses: Community and Content.

As a community, we aim to connect and support creatives from various fields through networking and creative events. As content producers, we bring together creatives to help brands and businesses put out the best content possible. We’re a collaborative one-stop-shop for photo and video content, branding, marketing, and social media management.



I often revisit that quote: “Luck is where preparation meets opportunity”. Bali is where I found my luck; it’s where opportunity met preparation for me.

During my time spent modelling and competing in pageants, I was unknowingly gaining the hands-on experience that would prepare me for directing shoots. During the lockdown, the time I spent learning and planning gave me the foundational skills and knowledge to turn that experience into a full-service agency.

My opportunity was to be in Bali at such a special time. The collaborative community that took shape on this post-pandemic, tourist-free island allowed me to connect with countless brilliant creatives and exciting brands.

I feel fortunate that I’ve been able to discover a passion and purpose here. Although it is impossible for me to know what the future holds for Bali Social Haus, I know for sure that I can continue to build on what I have learned until the next opportunity arises.



3 Tips for content creation for clients:

Tip 1: Get very clear on your client's 'goals. Although most businesses are looking to drive sales, it's important to understand what they're trying to accomplish through the content they want to be created. For example, A fashion brand asks you to create content for them. You may want to understand what they want the content to reflect. Is it comfort or is it style, or is it both? Do they want the content to attract the masses, or are they trying to truly connect with people and prefer quality and intimate followers over trendsetters? It's crucial to know exactly what they're expecting the content to do for them.

Tip 2: When creating content for clients keep in mind that they don't always know what they want or need. It's important to spot the difference and categorize whether the project you're working on with them is more of 'giving them exactly what they want or whether you're helping them conceptualize the content. It may seem obvious to some, but when I first started, I didn't realize a big difference between the two. Conceptualizing the vision before strategizing and executing requires more time and mental energy and should be priced as such. Creating a list of questions for the consultation process can help you categorize your clients.

Tip 3: Pricing yourself. This one is so tricky, and I always get asked this by friends, colleagues or even acquaintances on how I price myself. Many of us ask for less than we deserve because we are afraid to scare off potential clients. Here's how I went through the steps of pricing myself:

1: Do your research! What are others in your field charging and why.

2: Ask yourself what your main priority is in terms of pricing at the moment. Do you need to make an 'X amount of money to meet daily expenses for the month, or do you have room to price yourself lower to start with to build a reputation that will then allow you to increase prices? Or do you have enough experience and work to back up your pricing? Get clear on this, and the rest shall follow

3: Stick to the price you've set for yourself. Don't be shy to tell people what your work is worth, and be happy to explain why you're worth that price. If people want quality content, they must understand the value of that price. It's your job to clarify that value. Sometimes dropping your prices can send the message that 'you don't believe you're worth the price you're asking for.'

FOUNDERS TABLE WITH JULIANA

Juliana is one of the founders of Insured Nomads. This insurtech combines insurance with security and convenience for expats, remote workers, and travellers. Raised in Brazil, she has lived on four continents while working in public healthcare (South America and Africa), travel medicine tech (US) and global corporate health (30 countries). Her personal accomplishments include:

- Giving birth in a remote clinic in West Africa.
- Fighting a cholera epidemic without electricity.
- Developing and helping implement a pandemic response plan to protect 120K people around the world.

She is happiest wherever she is with her husband and three teenage kids, followed by crossing cultures and making new friends around a dinner table.

Insured Nomads is the first insurtech in global benefits, offering a complete portfolio of insurance solutions for the globally mobile, including international health, life and disability, and travel insurance. They are uniquely positioned with innovative technology to empower an easy and efficient customer experience. Serving clients worldwide with numerous customer service points, they operate a lean and agile enterprise with strategic partners around the globe—available directly and through select brokers/intermediaries.

We had a chat with the founder, Juliana Jernigan.

Coming from a medical background, what got you into starting an insurance company?

Courage scares me a bit, I will admit it. But when our family was faced with death seven years ago, it was courage that filled our hearts and asked us questions that had the words legacy, wholeness and health in them. And by doing that, courage added form and shape to a dream that we understood right then was shared not only between my husband and I but also with many others.

Protection beyond insurance for those beyond borders.

insurednomads.com



 **insured
nomads**



A dream that was formed along our journey, first as adventurous singles, then as global nomads moving from city to city on a mission to lend a hand and impact the world. 40+ years, working across five continents, many countries and three children later, what started as a stubborn mission to transform the world resulted in hearts transformed. Many, I'd like to believe. But mostly ours - broken first, then mended together by the

strongest glue of all, love itself. In this spirit, we are partnered with Not For Sale, to generously provide funding for their work globally to end human trafficking and other charitable organizations that do so much good.

Our hearts? They burn for those who are not afraid to cross cultures and make a difference - equipped and healthy in mind, spirit and body.

So we gathered our courage, multicultural friends and travelling stories (and histories). We asked ourselves the questions: If we could do it all again, how would we do it differently, better? Who would we like to have on our side? The answer? We call it Insured Nomads, an insurtech protector of health and livelihood.

Have you been an entrepreneur before this venture?

Yes, I have. I co-founded a risk mitigation company, one of the many steps that have brought me to where I am today.

What challenges or maybe benefits have you seen being both in the medical and insurance fields?

Predictably, having a medical background is very helpful when discussing cases with the medical underwriting team and coordinating mem-



bership benefits like telemedicine, mental health support and emergency evacuation services. I am a true believer in prevention and in the importance of knowing your health and security risks and being prepared in case you need health assistance. And when we are outside of the familiar, outside of our home country, even more so. In the last 20 years, I have been in many circumstances, both the expat trying to figure out life with my family in a new place

and the physician getting calls from anxious expats needing health advice. Of those, too many did not have insurance coverage and had to face financial stress on top of dealing with health emergencies. So, my medical side drives me to enter and change the landscape of insurance for those choosing to cross borders. And, the pandemic has been serving as a stark reminder of how complex global health can be - not only in health infrastructure discrepancies,

but also in public health and travel policies.

How do you deal with family and work balance?

Like all of us, with one day at a time. I love what I do for a living, but I love even more that I get to live my life with my family while I do it.

What was the vital check-mark for finding a co-founder/s?

Like-mindedness and vast experience in the insurance field.

What advice would you give to up-and-coming entrepreneurs?

If you are like me, you like to plan your steps in a straight line and move forward undeterred. Today, I find that what frustrated me most in my journey - the bumps on the road, detours, and what I thought were wrong GPS readings leading me to make wrong turns - turned out to be the correct coordinates to bring me to this point. I still have a long way to go, but now I find myself grateful for the unexpected and intentional to roll down the window, crank the music up and enjoy the scenery while I drive. You should, too.



GAME GEEKS OF BALI

Monopoly, Game of Life, Clue, Payday, and many other games we all may have played while growing up and still do today. Since recently, board and card games have been a massive market with over \$11bn just last year alone. Lockdowns around the world helped with this peak and also inspired a few people here in Bali to create their own.

I had the chance to speak with the creators of a few games created on the island, the popular board game The Canggu Monopoli, Blank in Bali, and iConnect.

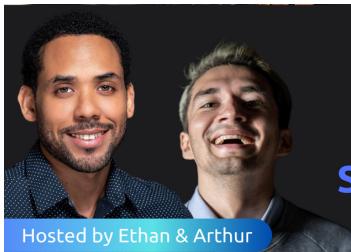
Want to get these games?

Visit their Instagrams for details

@thecanggugame

@blankinbali

@iconnect_strongerthanwifi



**DISCOVER A
THRIVER**
Sponsored by Tropical Nomad

**Season 1 Episodes 1 & 2
OUT NOW!**

Hosted by Ethan & Arthur



Listen Now

ThriveIN KEEP Cre8ing

CANGGU MONOPOLI



1) How did you get the idea to do a Monopoly-style game for Canggu?

I'm a fan of board games, especially Monopoly. Since I was a kid, I have been playing it, and apparently, I started to play board games again when the pandemic started. Since I live in Canggu for seven years, I thought this place has many things to talk about like jokes, favourite cafes, restaurants, beaches, etc. I feel so many amazing things in Canggu that people loved to talk about, and I just gathered everything I need to make it happen.

2) What was the process like, from design to finding a manufacturer?

First, to gather all concepts like colour palette, style, and thinking about the materials. It took me around three months. I did a lot of samples until I finally had a good one.

3) How did you know how to launch a game?

Research, learning from other brands. Launching is the most crucial step. For The Canggu Game, it was a great success for the product launching.

4) What challenges have you faced?

The first challenge was the people who couldn't appreciate creativity and other people's effort. Luckily not many of them.

Second, to take risks and to be all in. It requires a lot of time, energy and commitment.

5) Any tips for new game creators?

Find something that makes you unique from others and have the reason why people love your game.



BLANK IN BALI

1) How did you get the idea to do a Cards Against Humanity-style game for Bali?

We love game nights, and thanks to Corona, we have had quite a few! We were at one of our regular game nights when we were playing Cards Against Humanity. Someone pulled 'The Russian' card, and we joked how appropriate it would be for lots of Bali based questions. We joked around about making a game and brainstormed some ideas. That's how Blank in Bali was born!

2) What was the process like, from design to finding a manufacturer?

We are pretty lucky in the sense that we are all long term Bali residents. It isn't our first rodeo creating and printing things. Our team is made up of some gifted designers, so the process was smooth and easy. Printing was a little more difficult as we wanted to provide high quality, manufacture locally to help the economy and be as zero waste as possible.

3) How did you know how to launch a game?

We had (and still have) no clue. We are just winging it at the moment. Word of mouth, great friends, Instagram and people stuck in Bali have helped us to where we are now!

4) What challenges have you faced?

Printing is probably the hardest one as we are a small team of four. We had to check each card individually for any printing errors. We had a bit of a conveyor belt going on and turned into robots while packing.

5) Any tips for new game creators?

Do it! Don't doubt yourself. There will always be room for games! People are looking for an avenue to detox from their phones and spend more time with their friends and family. Game nights are the perfect answer!

iCONNECT

1) How did you get the idea for your game?

I ain't got 99 problems, but the smartphone is one... I love people. I love talking. And, let's face it, I also love my phone. What I love not so much: People talking to their phones when I'm with them.

So I started wondering if it's maybe not our smartphone that is distracting us from our life but, in fact, our life that became a major distraction from our smartphone? That's when I decided to dig deeper into the research of this omnipresent yet well-underresearched phenomenon and dedicated three months of my master thesis.

Not surprisingly, I found out that the effects of using our smartphones in the presence of people we love and care about is much more detrimental than we think for our social, romantic and corporate relationships - and our mental health.

As I'm generally more one for the positive news and good vibes only, I like to focus on solutions rather than talking about the problem. So instead of trying to make phones seem more uninteresting, I thought I have to find a way to make people more interesting.

And how? By asking better questions.

I am convinced that every person has a story worth telling. We have to skip the small talk and ask better questions. And that's when "iConnect - make connections stronger than wifi" was born.

2) What was the process like, from design to finding a manufacturer?

At first, it all started as a fun passion project. I collected



Disconnect to
re-coco-nnect.
📍 Bali, 2020



my global supplier in China for a fair rate. As efficient Chinese (no racism, this is simply great and true), they send me over the samples. But eventually, I changed my mind and decided to support the local Balinese economy in these challenging COVID times with literally zero tourism. So I hopped on my Scoopy and drove over to a local print shop, and they delivered A+ quality. And I was all set to “Disconnect and Reconnect” the world.

3) How did you know how to launch a game?

Not going to lie; I had no idea what I was doing. And I still don't know today. Strategy is not my sharpest tool in the shack (even though I'm German). But I knew I defini-

tively needed a party. So I just organised a little launch party to kick off the crowdfunding. Good thing the game is a conversation-sparking game - so people TALK with each other and about the game. Luckily, that helped to let the game do its very own marketing for networking events, speed dating, dinner parties etc.

4) What challenges have you faced?

Seriously, the hardest part is pushing that dang button. Sending off the final file for the prototype to the supplier and not making any more changes was by far the biggest burden. Other than that, probably generating the cash flow for global production. On that: I'm still in need of an investor Sugar-Daddy for everyone who reads it ;)

5) Any tips for new game creators?

“I have no idea where I'm going, but I'm on my way.” - or in other words, it's perfectly fine if you don't know about step C when you're just trying to figure out step A. Don't let the fear of the unknown hold you back from getting started. You'll figure it out as you go, trust me! It's like riding a car in the dark. All you need to see is the next 50m. Another tip, if the game is fun for you - it'll be fun for your friends too. Intrinsic motivation is the biggest motivator for success.

GOT SOMETHING TO PROMOTE!?

BALI'S #1 STREET ADVERTISING SERVICE



087862218343



@skoomediabali

**DO YOU WANT TO MOVE PAST
YOUR TRAUMA?**

I CAN HELP YOU GAIN MENTAL
FREEDOM BY HEALING YOUR TRAUMA
AND TRAINING YOUR MIND

Stacey Ann Camacho

**Mental Health Consultant
A.A, B.A, M.S., M.A.**

**OFFERING BOTH OFF AND
ONLINE SERVICES**

"Talking to someone about your pain is a very scary & sensitive decision. As I met Stacy I was comfortable and instantly at ease, I knew I had made the right choice.

Her ora, her words, her techniques truly lightened me and helped me heal. Thank you for touching my life."

Patient



HOW TO BUILD CHANNEL

BY JANET NEWENHAM

Many people overthink what it takes to start and build a successful YouTube channel. The truth is that one can start, build and monetize a new YouTube channel in a matter of months if only they follow a few simple steps.

My first YouTube channel took me over a year to grow and monetize, my second YouTube channel was monetized within one month of launching. Here, I want to share my top 7 tips for building a successful YouTube channel.

Tip 1: Start before you're ready

Stop putting it off. Start today. Film your first video on your phone if you must. People are always putting off starting a YouTube channel and soon another entire year has passed and you still don't have a single video.

When I started my second

channel, I decided I would set myself a 30 day video challenge, where I would script, film, edit and upload a video everyday for 30 days. This is a great way to launch your channel and ensure that after just 1 month you've already got a great portfolio of content on your channel.

I recommend you sit down on day 1 and write down at least 10 video ideas, that way you won't encounter creative blocks within the first week of starting your 30 day challenge.

Tip 2: Build on your small wins

If one of the first videos you make gets a few thousand views or even goes semi-viral, don't brush it off as fluke. Look at your analytics, look at your video comments and always try to build on or replicate videos that do well.

The screenshot shows Janet Newenham's YouTube channel page. Her profile picture is a woman with blonde hair wearing a yellow hoodie. Below it, it says "Janet Newenham" and "63K subscribers". There are three main video thumbnails: 1) "ZANZIBAR" with a duration of 5:21, 2) "PARADISE FOUND in Zanzibar, Tanzania!" with 282K views and 1 year ago, and 3) "TAXCO: Most BEAUTIFUL Place in Mexico" with 264K views and 7 months ago. Below these are two more thumbnails: 4) "Sri Lanka's CRAZIEST Tower: The SPECTACULAR..." with 11:26 duration and 5) "My FIRST DAY In B... West Java" with a person sitting on a beach.

I noticed that food videos were starting to do well on my travel channel, so instead of ignoring it and continuing to make my usual travel vlogs, I pivoted to try out cooking videos and mukbangs, which are essentially just videos of people eating. Now one of my main focuses for my channel is food, because I know that whenever I eat / taste local foods, my views will double or triple.

A YOUTUBE

[COMMUNITY](#)[CHANNELS](#)[ABOUT](#)[CUSTOMIZE CHANNEL](#)[MANAGE VIDEOS](#)[CSV EXPORT](#)[TRENDING](#)[STATS](#)[SORT BY](#)

UTIFUL	THIS is a MUSEUM in Malang, Indonesia.	18:34	Trying GOAT MEAT SOUP For The FIRST TIME!	11:30	Shopping in JAKARTA	11:24	Loving JAKARTA'S Amazing MALLS	8:06	Jakarta's Public Transport	11:57
--------	--	-------	---	-------	-------------------------------------	-------	--	------	--	-------

ns ago • 99%

211K views • 2 months ago • 99%

CC

204K views • 1 month ago • 99%

CC

193K views • 1 month ago • 99%

CC

170K views • 1 month ago • 99%

CC



OGOR,	Most BEAUTIFUL ROAD In WEST JAVA, Indonesia	14:39	Staying in a LOCAL VILLAGE in the SRI LANKAN...	11:38	Indonesia's MOST SPECTACULAR Waterfall?...	4:50	East Java is INCREDIBLE	10:27	Is This STILL Planet EARTH?! [Ijen Crater, Java]	8:48
-------	---	-------	---	-------	--	------	---	-------	--	------

This also goes for certain travel destinations. If you travel to a certain destination, such as Ubud or even Jakarta, and notice that your views are always more when you visit those locations, try to spend more time there, try to build on that success.

Tip 3: Create themed video series

One of the first things I noticed when my channel first started to take off, was that my videos performed better when they were part of a larger series. For example, when I took the trans siberian train across Russia for a month and made daily vlogs about the journey, when one of those daily vlogs took off, the entire russia playlist took off with it.

When I drove a tuktuk 1,000km around Sri Lanka and turned that into a travel series, I found the same people coming back almost every day to follow the journey, to watch the next installment of the adventure.

You could do the same for food, tasting a different local cuisine everyday for a week. Or learning a new skill / language.



Tip 4: Make informational / educational videos

The best way to start your YouTube channel, and to grow it to 1,000 subscribers, is to make informational or educational videos. You can use tools like VidIQ and TubeBuddy to search keywords and title ideas, and to see what people are searching for on YouTube.

You can then make videos that will help others, be it videos

on how to move to Bali, what countries are open for travel, how to start in Crypto, how to be a digital nomad, how to apply for visas etc etc.\\

Even if your channel is tiny, with just a few hundred subscribers, you still have the chance to rank these types of videos on YouTube search.

This is one of the key ways I grew my second channel from 0 to 1,000 subscribers in the first month of launching, by

creating videos about niche topics that I knew people were searching for. Topics such as; How to grow in Pinterest; how to monetize your Instagram; How to go viral on TikTok; How to make money blogging, etc.

Tip 5: Promote your channel everywhere

When you're just starting out and looking to build that initial audience, it's important to let absolutely everyone know about your YouTube channel and to share little snippets each time you publish a new video. Be that letting people know in your latest Instagram caption, including a swipe up link in stories, sharing in your LinkedIn, your Facebook page and even on Twitter.

You'll be surprised by how many of your friends or already existing followers will want to follow and support your new YouTube adventure.

Tip 6: Monetize from DAY ONE

This was something I never did straight away with my main YouTube channel and always regretted it. You can sign up to affiliate programmes even before you start your YouTube channel, and include affiliate links in the description of your videos.

I made my first affiliate sales on my second niche YouTube channel when I had less than 300 subscribers, which just goes to show you DO NOT need a large audience on YouTube to make money!

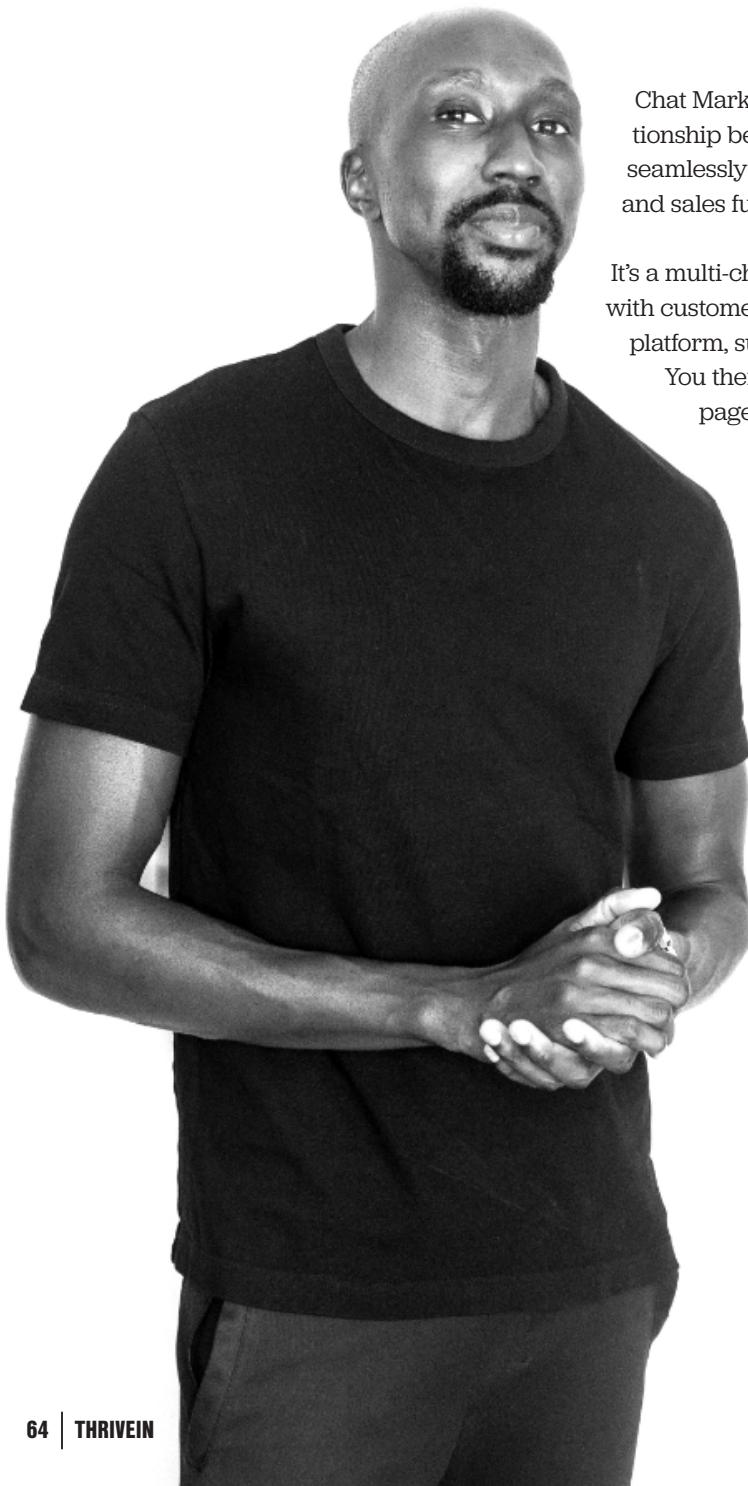
Tip 7: Be consistent, don't give up!

It might take just 1 month to monetize your channel properly, or it might take 6. But try to stay consistent with your uploads (at least once a week, ideally more) and don't give up straight away.

It's hard work and takes a whole lot of time, energy and motivation at the start but I promise you, I PROMISE YOU, if you stay consistent and passionate about what you're building and keep trying again and again and again, something will eventually take off and there will be no looking back.



CHAT MARKETING TRENDS WITH JERRY WILSON



Chat Marketing is a fast way to build a relationship between you and your customer, then seamlessly move them through your marketing and sales funnel.

It's a multi-channel approach to communicating with customers or prospects on their preferred platform, such as Messenger, SMS, or Email. You then move them off to your landing page, sales page, etc.

In recent years, online commerce has changed from traditional mass advertising to #SocialSelling and #ConversationCommerce.

The rise of the #Influencer industry has demonstrated the way consumers decide on which brand they want to do business with.

This means, to really connect with your potential customers and fans, you need to enter the conversations they are having, where they have them.

This is the power of Chat Marketing: you find ways to create conversations between your brand and your customers. A mindful 1-1 conversation in your DMs allows you to deliver a unique tailored experience that is hard to achieve with the old mass-marketing models.

One form of Chat Marketing is Messenger Marketing; others include Email Marketing and SMS Marketing.

Messenger Marketing involves the use of Chatbots, some of which you may have already experienced. They can be pretty simple or powered by complex #ArtificialIntelligence engines, which is a whole topic in itself! The quality of conversations varies wildly and really depends on the team behind them.

Instagram has just announced new tools for DMs that enable Messenger Marketing! As of June 2021, you can now connect your business account with a Chatbot to automate specific conversations in your DMs.

There are 3 examples of this for now:
1. Story Replies
2. Comment Replies
3. Direct Messages

Story Reply

Let's say you want to promote an eBook.

You post a story about it, with a caption that reads, "DM me the word (EBOOK) to get a link."

Someone responds to your story with the word "EBOOK." This is known as a "Trigger Keyword," and the automation kicks in.

You can then decide what you want to happen when that trigger takes place.

Your chatbot will respond to each person that replies with the word "EBOOK."

You can set things up to send a welcome message and then a link to the eBook.

Or you could use that as an intro to start a conversation to collect an email address and then send them a link via email, which also means

you're building an email list simultaneously.

Comment Replies

If you were to post about this eBook on your Instagram Feed. When someone leaves a comment with the trigger word "EBOOK," the same sequence of events would occur.

Entering the DMs to start a conversation.

Direct Messages

If someone tries to send you a direct message, if there is no conversation history between you, then there are options to have "conversation starters."

These are pre-emptive questions that someone may have regarding your brand or service that allows them to tap and start a conversation.

If they do so, you can then respond with a pre-written message according to the trigger selected.



KEEP Cre8ing

Shop now for Podcast Equipment

SCAN ME



THROUGH MY LENS

Tom Richardson



What got you into media?

Back in 2007, I had the chance to work with my college during studies to create media content for my technology course. I was already doing film photography as a hobby, so the step to film seemed fun and new. I did this for a month and was instantly hooked. After my studies, I moved to university to focus my education on broadcast and media, and the rest is history!

How did you choose between film and photography?

While studying in university at Solent, I was heavily invested in media technology and engineering. I had a lot of time to work in the university dark-rooms developing others and my 35mm film/photo work.

I realised that photography was a great stepping stone towards film and moving pictures as it gives you the mindset for correct framing, golden ratios, and composition and lighting. From that knowledge of my photography hobby, I could easily transition to film

and step up my game and goal towards being a Director of Photography.

You decided to move to Dubai; tell us how this came about and how you got your start?

During university in 2009 (my final year of studies), I had made a close friend from the UK raised in Dubai. There was a recession, and after my studies, the job market was crashing in media and TV. I had worked for a summer as a sailing engineer to make some cash while I hunted for freelance or full-time camera work.

But alas, there was just nothing going. So, I decided to join my new friend back in Dubai as he had mentioned the market was booming. I took my only money of 180 GBP, got the cheapest flight, and jumped on a plane. The rest was history.

I was couch surfing the first 6/7 months at my friend's parents and managed to land some tremendous assisting/small camera jobs within Dubai. From there, my name started to spread within the market, which, combined with my technical knowledge, landed me where I am today.





Why did you choose to be a Director of Photography (DOP) and tell us more about the process?

I began as an assistant during university with some minor camera operator roles. The assisting part in my film and TV experience was critical to gaining the knowledge I have today to manage a set or a small team to create a client's vision. Carrying a tripod or setting up lights for a cameraperson or DP (Director of Photography) is always a great starting place to get to where any DP is now and allowing yourself to learn and develop constantly.

First main break and what was it?

We drove three cars from Germany to Abu Dhabi over land. It was a month and a half of wild rides and no sleep. What we managed as a team of five put me on the map for my skill set and abilities! The biggest thing that turned me around was to film a documentary for Cadillac as DP.

You and your team drove from Germany to Abu Dhabi, who had the idea? And let us ride in that seat with you.

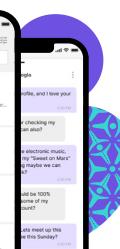
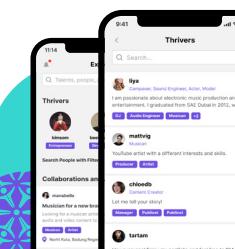
The idea was part of Cadillac's online promotions for the new ATS back in the day. They had done one across the USA. But with a large team. The Middle East branch wanted to

create the same, but we had a minimal budget, so we filmed on DSLR in a group of five, using two hosts both in the ATS and the one support car. During the journey, we edited every single day a short 2 min film about that day's progress and then uploaded the end of the trip into one big movie. It was mental thinking about it. We took turns driving and went to 14 countries in total in 40 days or so, all across the land. We barely slept. We met some fantastic people on the trip, mainly in the automotive world, got a VIP tour of Ferrari HQ, and saw things no one notices. I also got to help build a Lamborghini in the factory for the film. A wild ride!

Collaborate

Find other creatives
to collaborate with

ThriveIN



Scan the QR Code



<https://thrivein.app>

You got into filming cars mostly. Did you have challenges trying to do other things?

I was known as the car guy in Dubai. But thankfully, now, due to saturation in the market, many other faces have become known. Once you get known for a niche, it is hard to break out of it but not impossible. I was able to slip out of that niche and now work across the board with people like Vice, Nat Geo, and Discovery on real-life works. It was a challenge at first, but as above, I just silently slipped away from cars! I still get called, don't get me wrong, as some people can't pull car things off in specific ways, so they come to me.

Breaking out of that niche, how did you do it, and what got you thinking about expanding your focus?

One issue in the automotive world is that the market isn't doing great now, partly to do with Covid, but the world of petroleum vehicles is regressing, I feel. I saw this shift with budgets in car commercials and journalism shrinking. It was a sure-fire sign to move and get noticed for more. I jumped into different projects, shared them internationally on social media and web platforms, and sent them to clients.



Once they saw I wasn't just the car guy, it all moved.

What is your proudest moment working in film?

Some of my proudest moments are having films played on massive billboard screens, being published in a few magazines with stills work, and having things played before movies in cinemas.

How did you learn to film?

Filming comes from years of following experts in this field. You can study it for sure, but knowledge passed down from other DOP is what makes you suitable. I listened hard and learnt from some top guys,

and that was my fundamental teaching. Then once you have all that, it's finding your flare.

Trends and tips

1 - Start from the bottom and assist good people that are willing to share information and knowledge.

2 - Study and study, and practice with lighting. It will make you stand out from a simple point-and-shoot person.

3 - Keep up to date with changing technology in TV and film and read up about it constantly.

4 - When and if buying equipment, invest in lenses over cameras, lenses last, but cameras pass.

5 - Watch TV and films and look at how the big guys work.

SNAP SHOT

Hey Ruben, where are you from and how long have you been doing photography?

I'm from the Netherlands and have been doing photography for almost a year now.

How did it all begin? How did you start?

I started my working career as a hairstylist; I was always interested in the work of all the photographers that I was working with.

I wanted to know what happened behind that lens and started shooting together with some of my photographers. From there, I started my photography career.

What gave you that initial push?

My good friend, a fashion photographer, told me that I could go for it and chase my dreams if I wanted to change my career path.

Who are your influences?

I love photographers like Mario Testino, Pallets, Marc de Groot, and the Bali-based Amberly Valentine. But I also love models and inspiring people like Harry Styles, Naomi Campbell, and Troye Sivan.



What style/niche do you prefer, and explain your style?

I love dramatic high fashion, fully styled campaigns where everything is well organised, and the whole team creates something beautiful together. I think I'll describe my style as a big variation of fashion styles with a passion for beauty.

List a few accomplishments or points of interest.

I've shot for various Dutch jewelry brands and recently did a cool new shoot for Hotel Magique which I'm super proud of. Also, I would love to have a campaign in a magazine one day. :)

How is the scene in your eyes at the moment, and what would you do to make it different if it requires a change?

There is always a positive and negative side to the fashion scene - people are always on a budget, and time is always an issue. But I also feel that people are bursting with energy and creativity, the big gender-fluid move is so cool,



and I'm pleased to see that so many things in the industry are changing.

What do you do outside? What are your other talents?

I am still a hairstylist, but only part-time. I think I will always have a passion for beauty and hair.

How do you want to be remembered?

As a funny, creative, humble and adventurous guy

Find Ruben on Insta
@rubenbeeris

KEEP Cre8ing

Shop now for Photography Equipment



SCAN ME

LIGHTS, CAMERA,

3 INDEPENDENT FILMS TO WATCH

BY DODO

God bless Netflix! Streaming platforms have made great stories accessible to an international audience without the strict time constriction of TV, and you have got to give it to them. But what about the hidden indie gems that did not make it? This month's movie section is all about giving space to those masterpieces buried under the immense amount of commercial, widely distributed films and TV series. We are digging them up for you.

Here are three movies from Asian auteurs celebrated and awarded from the most important film festivals worldwide but are absent from your favourite streaming platforms.

3-Iron (2004) by Kim Ki Duk

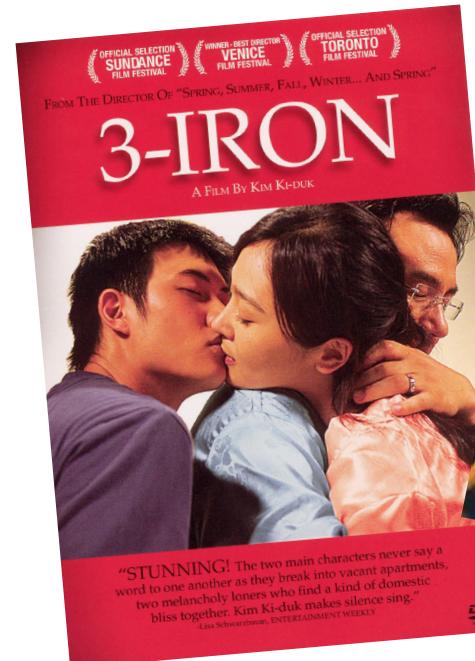
South Korea is a gold mine of romance, drama, and grotesque films. You are probably familiar with some successful Korean movies like Parasite (Bong Jon Ho, 2019, winner of Cannes's Palme d'Or) or Oldboy (Park Chan Wook, 2003, winner of Canne's Grand Prize

of the Jury), both available on Netflix depending on your location.

3-Iron (2004), like many of Kim Ki Duk's films, is inspired by Buddhist teachings. Tae-suk, its gentle meditative protagonist, doesn't say a word for the entire 88 minutes of the film, conferring an otherworldly quality to his actions (and psyche). He squats one vacation house after the other, leaving them in better condition than at his arrival. He wanders alone until the day he meets a woman abused by her husband. She is a silent character as well, but her reasons are different. The film follows this extraordinary duo of weirdos drifting through an unnecessarily complex, violent, and loud world. Silence becomes a superpower, micro becomes macro, and the chaos of life becomes understandable, distilled into a look, a kiss, or a golf ball tied to a tree.

Millennium Mambo (2001) by Hou Hsiao Hsien

Remember the last months of 1999? It seemed like the world was going to enter a



revolutionary era. No Maya prophecy was needed, and for some reason, the general expectation was optimistic. "Three Times" (2005) is the most prominent and extreme example of this kink: the movie is formed by three chapters taking place in three different epochs, telling three separate love stories with the same two actors. Like many directors (and human beings), Hou Hsiao Hsien has some time fetish, and he bends it, dilates it, rips it apart.

ACTION.



Millennium Mambo is a romantic movie. It is a love story, and its characters (camera included) have a profoundly sentimental point of view; they are romanticists. Vicky, the protagonist, narrates her past experience with her two lovers. She speaks of herself using the third person, dissociating from her past but recalling it clearly. Time passes, seemingly in a straight line, but toxic masochistic patterns stay, fueled by the repetitive percussions of a techno leitmotiv. Messy apartments, neon-lit clubs, and empty roads covered in snow.

For Vicky, the new millennium is a never-stopping dance performed on a cracked floor, and romantics like her do not watch their steps.

Fallen Angels (1995) by Wong Kar Wai

If the two previous movies are too slow-paced and minimalist for your taste, this last suggestion will satisfy your appetite for dynamism. Fallen Angels is like most of Wong Kar Wai films. We could argue a super spiced mix of eccentric characters portrayed in a borderline caricatural way, tooth-grinding action sequences, and daring cinematogra-



phy/camera work (that would leave any of the current video makers speechless). A hitman wanting to retire, a seductive blondie with a mushroom-like haircut (more like an atomic bomb mushroom), and an escapee who lost the ability to talk due to a tin of expired pineapple; These are only a few of the elements forming and moving through this insane yet entertaining world. In Fallen Angels, the sun never rises. However, this perpetual darkness is intercalated with Hong Kong's bright outdoor signs and indoor neon gifting with surreal colours the faces of the nocturnal animals inhabiting its corners.

STAYCATION MAKALELE





Floating above an ocean of green palms, Makalele Dome Villas has one of the most spectacular settings in the world. Perched atop a verdant Bukit peninsula cliff overlooking a sea of azure blues with volcano views, the resort comprises of 10 uniquely designed dome villas.

Nestled atop the foothills of Mentigi Bay in North Lombok, Indonesia, you can admire the spectacular panoramic views of Gunung Agung Volcano in Bali and the 3 famous Gili Islands with magical, unspoiled sunset views. A short 5-minute walk down the hill reveals a quiet sandy beach lined with coconut trees.

ROOMS

Inspired by the surrealist artist Wolfgang Widmoser, a prodigy of Salvador Dali, unique dome architecture provides floating ocean and volcano views right from the bed. Each dome villa has a custom king-size teardrop on the ground level and a single Day Bed in the second level loft. West facing custom arched doors illuminate the room with spectacular soothing natural light all day.

Enjoy the sunset right from your room. Makalele has taken on the role of eco-warrior-in-residence as local bamboo was used in the construction. All of the staff are from the village; each dome is cleverly designed to be self-cooling you won't need to switch on the air-conditioning.

TRANSPORT

- 10 min boat from Gili Islands
- 7 min drive from Bangsal Harbour
- 1.5 hrs drive from Lombok International Airport
- 30 min flight from Bali

POOL

A custom 3 leaf clover-shaped infinity edge pool looks directly out to the ocean and volcano views with one of a kind sunset vista experience. The pool's unique infinity edge is 1.5 meters wide, allowing guests to fully layout facing the ocean view. A depth of 3.5 meters gives the feeling of diving down into a blue ocean. Beach entry from the front bulb section allows for seamless beach access and provides a shaded area to sit and relax. Built-in pool benches and tables allow for in-pool drinks and dining while keeping the view accessible. A sleek stone waterfall provides for a refreshing splash of cool water to soak under.

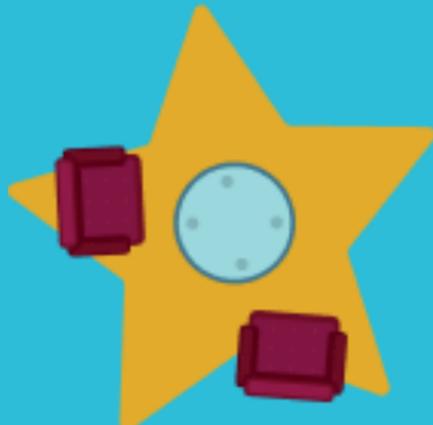
So, when in Lombok, we highly recommend staying at Makalele.



3-5
PLAYERS

12+
YEARS

60-80
MIN

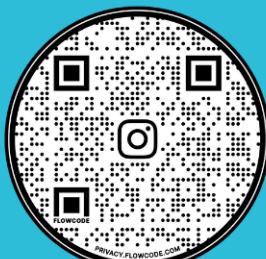


FANBASE

The Board Game

**Gain Followers
Cancel Your Opponents
Go Viral!**

Coming Soon!





DINE WITH US

Sundeck Kitchen

Rooftop Eatery

Sundeck Kitchen Rooftop Eatery is the newly reopened and renovated restaurant in Pererenan, part of the co-working/co-living establishment Camp 308. This fantastic spot serves up a delicious fusion of local Indonesian flavours with a taste of western cuisine. It also happens to be very vegan and vegetarian-friendly. “Our

vision is to create a space that brings people and communities together while enjoying healthy and nutritious food.”

Manager Hella Neumann stated.

The venue provides outdoor seating, bright and vibrant decor, and a sunflower theme completes the look. Stunning sunset views make this co-working space a must-place

to check out. “We use primarily local organic ingredients, a farm-to-table concept and offer live acoustic music from local artists, Kirtans, Open Mics, an event space for birthdays and other gatherings.”

Open daily 7am - 8pm
Dine with Us, RSVP
+62 811 3953 555





WHAT'S COOKING?

Damiano Ruggiero from Sa'Mesa Restaurant

Risotto Gorgonzola

Makes 2 Portions

Ingredients

1 cup arborio rice
4 cups vegetable stock
1/2 cup dry white wine (like Sauvignon Blanc)
1 cup crumbled Dolce Gorgonzola
4 Tbsp cold butter, divided
1 large shallot, minced
Salt and pepper to taste

Instructions

Bring the stock to a boil in a saucepan over high heat. Once it's boiling, lower the heat to low to keep it warm.

In a large sauté pan, over high heat, melt the butter and add the shallots. Sauté the shallots until translucent.

Add the rice and stir, making sure the rice is coated with butter.

Add the wine, lower the heat to medium, and cook, constantly stirring, until it is almost com-

pletely evaporated.

Add 1 cup of stock and stir until the broth is almost completely absorbed.

Keep adding the stock, 1 cup at a time, and only adding the next cup once the stock is absorbed.

Once the rice is al dente (tender to the bite), but you still have some liquid, add the cold butter and the Gorgonzola. Stir vigorously (being careful not to break the rice grains) until the butter and cheese melt.

Kitchen Notes:

The Dolce Gorgonzola is my favourite cheese for this risotto. It is "milder," softer, and sweeter than the other varieties (Naturale or Piccante), and it's so creamy that you could use it as a spreadable cheese. It melts perfectly in the risotto, and its moisture keeps it from drying out.

Enjoy the recipe.



NUSA CAÑA



TROPICAL ISLAND RUM

SHAKEN, NOT STIRRED

Nusa Cana Tropical Rum

Travellers, traders, and explorers have for centuries been drawn to the Indonesian Islands. Flirting with the promise of the exotic mystery, a boatload of adventure, and the chance to re-write their own story. Like thousands before us, we were drawn here... And like thousands since, we've never really left.

Today the islands are still mind-blowing. For us, Bali has it all. The beating heart of island life is a wicked mix of old and new. A paradise home to the uniquely spirited and the like-minded. There's nothing else like it. It's where you come to find yourself, be inspired, and leave your mark. We know because we are here. We live it and love it. But, not many people know the lost spirit of these islands.

History has forgotten Indonesian rum is a godfather to the rum world. Forgotten sugar cane from the East cultivated the plantations of the West. Forgotten that early adventurers were tankard deep in the local cane spirit crafted across Indonesia.



Nusa Cana is a Tropical Island Rum with a history as old as the trees. While the world forgot, we discovered that local rum makers have continued to ply their trade. So, led by the spirit of the forest, our Barong Sage and Protector of Spirits, who stares and smiles from every bottle.

Respecting ancient days.
Living modern nights. We like to think Nusa Cana blends the best of both worlds.

Some stories are meant to be remembered. We are bringing back the forgotten story of Indonesian rum found in Nusa Cana, and there's no way we are letting history repeat itself.

Nusa Cana Spiced Rum

Deep within the tropical Indonesian archipelago lie the 'Spice Islands', long famed for nutmeg, mace, and clove, sought after by explorers and adventurers for hundreds of years.

With its rugged Indonesian heart and straight-up attitude, Nusa Cana Spiced Rum is rich in pineapple, ginger, cacao,



coffee, and the warmth of tropical island spices.

Aroma - Spiced pineapple fruit cake. Raw sugarcane. Coffee & chocolate lying underneath.

Taste - Dry spiced rum. Pineapple sweetness. Clove. Nutmeg with raw sugarcane funk. Deeper notes of coffee and cacao carried on spicy ginger.

Finish - Dry Spiced rum. Coffee & cacao. A lasting lick of ginger, sugarcane, and nutmeg

Cool as Cucumber by Ulu-watu Surf Villas

Nusa Cana Tropical Rum
Cucumber
Lemon Juice
Thyme

Pineapple Paradise by Ulu-watu Surf Villas

Nusa Cana Tropical Rum
Pineapple
Lemon
Grass Kemangi Syrup
Lemon juice

Tropical Island Rum & Spiced Rum both distributed by Balimoon distribution.



Learn the Crow Pose with Yoga to The Max

The Benefits of Crow Pose

- Strengthens arms and wrists.**
- Stretches the upper back.**
- Strengthens the abdominal muscles.**
- Opens the groin.**
- Tones the abdominal organs**

Bakasana and the similar Kakasana are balancing asanas in hatha yoga and modern yoga as exercise. In all variations, these are arm balancing poses in which hands are planted on the floor, shins rest upon upper arms, and feet lifted up.

Hire
Apply or post jobs and find creative freelancers

9:41
Collabs and Jobs

angelside
Gallery Curator
We are hiring an experienced Gallery Curator for our new art gallery. We are looking for someone who is creative, organized and has...
View Profile

brendan
Looking for a content creator
I am looking for a content creator who can write compelling posts that can evoke emotions and tell a story through their writing.
View Profile

Scan the QR Code
<https://thrivein.app>

HELPING HAND

LITTLE STEPS MATTER



Little Steps Matter was founded by Sabine Kaufmann, a life-long animal lover, and defender of animal rights. Originally from Germany, at the age of 6, Sabine started to bring home animals in need. As a teenager, she further developed her passion and love for horses, connecting with these animals on a deeper level, and later running her own stables for many years. Since arriving in Bali in 1989, Sabine was very distressed by the amount of sick and injured dogs and

cats roaming the streets. Over the years, she took them in for healing and rehabilitation before looking for suitable owners to adopt these abandoned animals. Founding Little Steps Matter became the natural next step, allowing Sabine to devote her life to helping animals in Bali on a broader scale for even more animals to have a second chance at a happy and healthy life.

Sabine also practices natural horsemanship with her own

horses and offers the same care for boarding horses.

With the support of her sister-in-law Putu Krista, best friend Claudia, and brother Jochen, Sabine established Little Steps Matter in 2016. Krista became her partner for the daily street feeding schedule and co-hosting mass sterilization days. Krista grew up caring for sick animals, and with her kind personality, she finds the most patient and empathic approach to connect to and build



trust with locals as we tour from house to house, teaching about animal care. Claudia is the Cat Lover in our organisation who fosters many rescued cats until they find their forever homes. She assists with emergency rescues and vet visits and takes care of the accounting and administration for the foundation. Like Sabine, she practices natural horsemanship with Max's own horse (and a family member).

Keeping it in the family even more, Sabine's son Andre plays a significant role in the day-to-day foundation work. Having grown up around animals, Andre is a huge animal lover and has assisted with daily feeds and animal rescues since he was small.

Another German friend, Beate, supports Little Steps Matter on the legal side through her consulting business for sustainable and eco-friendly companies, Pertiwi Consult-

ing, alongside her work with underprivileged children via Manuksesa Children's Project. Nala is our ongoing volunteer and social media whizz, whose invaluable help extends to helping with animal rescue emergencies and supporting our monthly mass sterilizations.

Little Steps Matter Foundation supports dogs and cats suffering from abuse, abandonment, and injury every single day. Not only do we support



Servr

Servr GuestX

Reduce operational costs by up to

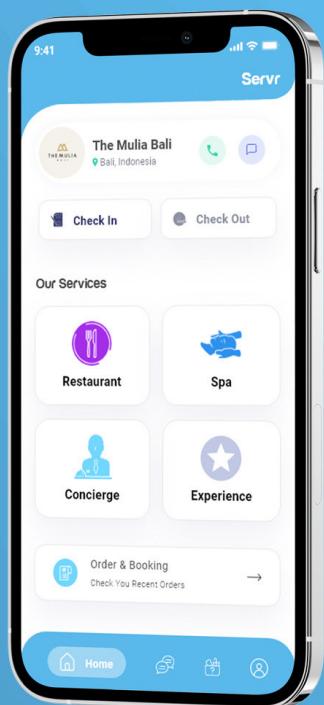
25%

Increase F&B revenue by up to

45%

INTEGRATE WITH ANY PMS AT NO COST

START YOUR FREE TRIAL NOW





animals living on the street, but sadly also animals with a home that are not cared for adequately, thanks to lack of awareness or lack of money to cover vet bills or care.

This means that alongside our daily responsibilities feeding, treating, rescuing, sterilising, and rehoming dogs and cats that need us, we are also focused on educating the local community and providing financial assistance as required. We work one-to-one

with animal owners to ensure they understand what their animals need and how to give it to them.

We have very high standards of care for the animals we support, which is why we work with fully trained and highly regarded vets to deliver essential medical services. We buy the best food possible to sustain optimum health.

Sadly Little Steps Matter Foundation receives no government

funding, so we are reliant on donations and support from kind-hearted souls like you. Please give generously so that those animals who really need our help can receive it when they need it most. Wish to support, visit their Instagram **@littlestepsmatter** or scan the code to donate.



SCAN ME

@THEGURU.LANGUAGE

EXPERIENCE BALI TO THE MAX. LEARN BAHASA INDONESIA NOW !



Fun, Interactive and Fast

Our program specializing on how to speak Bahasa Indonesia from the first class . Designed to help you to speak , and mingle with indonesian fast !

SIGN UP NOW !



○ Thrive Events & Media Productions

INTERNATIONAL EVENT, MEDIA & PR AGENCY

Dubai . LA . London . Bali

Celebrity, Influencer & Talent Booking
Public Relations & Endorsements
Event Management & Media Production
Marketing, Branding, Animation & Graphic Design
Event Decoration & Catering
And more...

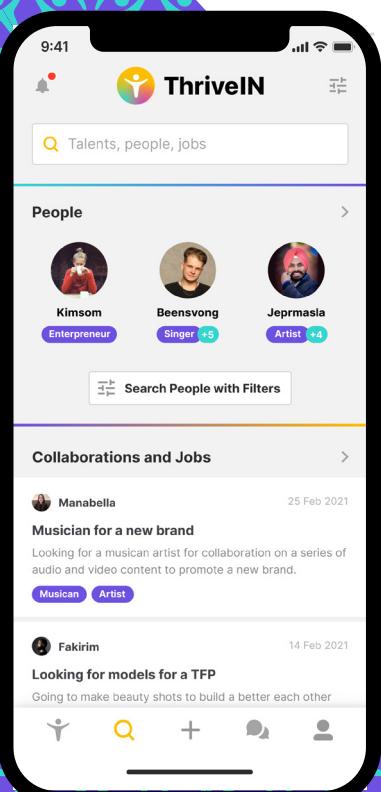
VISIT: WWW.ETHANENT.COM



TEL +62 811 399 6510
ETHAN@ETHANENT.COM



ThriveIN Beta



Are you a Creative, Model or Content Creator?

Connect with a global community of creatives & influencers and build your professional network, collaborate and showcase your portfolio.



Creatives



Discover



Collaborate



1. Scan the QR Code
2. Sign In with your e-mail
3. Start connecting with Thrivers

Follow Us:

thriveinapp

thriveinapp

#KeepThrivein